

Reflection

During my recent clinical rotations in the pediatric world, I had the opportunity to care for a 4-year-old patient who was admitted for a lumbar puncture. This experience was great because it showed the importance of understanding the physical and emotional needs of pediatric cancer patients.

First, we prepared the room for the admission, ensuring that all necessary equipment and supplies were ready for the procedure. Once the patient arrived, we obtained consent forms from his parents and settled him into his room. The anesthesiologist then came to explain the sedation process and obtained his consent as well. Observing the anesthetist administer medication and assess the patient's airway was an educational experience for me. Throughout the procedure, we closely monitored the patient's respiratory status while he was under sedation, ensuring his safety and comfort.

I also had the opportunity to care for a 16-month-old boy who was admitted for respiratory distress syndrome. We closely monitored his condition, gradually titrating his oxygen to room air. The child was anxious about being in the hospital, so I used toys and games during my assessments and while taking his vital signs. This approach not only helped to ease his fears but also built a sense of trust between us.

Additionally, I took care of premature babies in the NICU. The experience of caring for these infants was both challenging and rewarding. I felt a sense of responsibility to ensure their safety and comfort. It was heartwarming to witness the babies overcome challenges and make progress in their development.

Overall, these clinical rotations have enhanced my understanding of the holistic approach required in pediatric nursing. Rotating through different floors has helped me adapt to various situations and learn new skills. I plan to use these experiences to further develop myself as a future pediatric nurse, ensuring that I provide comprehensive and empathetic care to my patients.