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IM8

### Midterm Clinical Reflection

During the past couple of week's I have attended clinicals on the Mom and Baby unit at Covenant Women and Children's. My role during clinicals is a student nurse alongside my preceptor, Lauren Lockard, RN. Overall, I am pleased with how clinicals are going. I have learned so much from my preceptor in such a short period of time. I have completed two out of ten shifts at this time and I can say my first day I was pretty nervous, but Lauren was very welcoming and made me feel confident in my role caring for our patients. I think I was most nervous learning to navigate charting but I feel I am on the right track and the pieces are starting to come together. I have had the opportunity to watch a circumcision done as well as an echo on a baby who had a murmur. I have also practiced skills such as pulling peripheral IV lines, administering medications via oral and intravenous routes, removing a Foley catheter, and assisting in discharging patients from the floor. I feel one area I can improve in is paying close attention when pulling medications from the Pixis. I had one instance when I went into the patient's room, scanned her medication, and came to realize I was supposed to pull two tablets and not just one. One patient we cared for was a Korean family. I learned how important it is to provide discharge paperwork in the patient's primary language. This helped them understand so much more in my opinion. Another thing I learned alongside my preceptor was the importance of asking patients if they have proper resources. As we were discharging our patient, we came to realize the family did not have a car seat and insisted it would be okay for them to drive home with the newborn in their laps. Lauren and I were able to stress the importance of why a car seat was necessary and even went as far as contacting a case manager for an available car seat for this family. We were able to get a brand-new car seat for this family and this brought me so much joy to see how happy they were that this was provided for their newborn. Going forward I plan to take the further step and make sure patients have all the necessary resources they are in need of. I am only at the beginning of my preceptorship, but I have enjoyed the experience thus far and look forward to my upcoming shifts.