

Clinical Reflection Zachary Wiggins

So far for my clinical experiences, they have been going pretty well all things considered. There have definitely been areas for improvement. One area has been patient communication. One instance of conversation between a patient and myself happened to go a little sour. The patient was confused and I was talking to them about something the patient kept bringing up. I had made a comment about it and unfortunately, the patient misunderstood the comment. I wasn't frustrated exactly, more exasperated at this outcome. I didn't hope for it to turn out this way and it made me a little exasperated. Upon further introspection, I realize that while the conflict arose from my specific word choices in conjunction with the context of the previous pt comments, it ultimately came about because I became a little too unprofessional around the pt. I had become too comfortable and dropped my stance of professionalism. In the future, I will try to refrain from doing so and keep our relationship professional.

Another area that I could be doing better is general time management when it comes to getting all my hourly charting information. Dealing with the stress of a full shift as well as charting all relevant information is difficult. Although I think that more experience helps because having a formula built upon past experience is very helpful.

One area that I think I am doing quite well are nursing procedures. Some of the procedures I have done include CVAD dressing changes and pulling central lines. I was excited given the opportunity to practice these skills and I feel confident in doing them again if need arises. I include aseptic technique in this as well.