

## Faith 7 Reflection

The first day with my preceptor we started the morning by getting reports and updates for our three patients. After we got report we logged onto epic and assigned our patients and reviewed any labs and orders before we went and saw the patients. After that we went to all the rooms and updated their board and asked if they needed anything before we left. When we were done going and introducing ourselves to the patients. Jay showed me around the floor, introduced me to all the staff that were working that day. I was a little nervous because I didn't know what to expect on the first day and how things were going to go. I was also a little scared since it was the oncology unit, so I was expecting it to be depressing. After showing me around we helped another nurse with a three-way catheter which took almost an hour. After that we went to get our morning medications prepared. I drew up any medications I needed to, and my preceptor gave me tips on how to better prepare medications. I feel like I was good at priming the IVPB and preparing those medications. Some areas I need to improve on would be just remembering how to set up the IV pumps. On my first day my preceptor mentioned three things he lives by, and they were confidence compassion, and not rushing. I feel I will always apply these to provide the best patient outcome. Overall, my first day went well! I felt like I knew more than I thought, I saw the chemo process which was giving premedication before and then starting the chemo, I thought it was interesting to see because I never knew you gave premedication before chemo. We got to update our other patients and talk about their good news which was exciting. My preceptor also explained how to do quick charts, do assessments and update their care plans.

My second shift was a very slow morning, we got our morning report, checked in on our patients, I was assigned my one patient for the day. We gave our morning medication for 9 am. My patient was on contact isolation, we had orders to do a nasal swab, so jay showed me the process of getting everything ready for that. I performed the nasal swab, and the results came back positive for covid 19 which was really concerning since she coughed in my face. Since we were on the oncology unit, we told her they would transfer her to another unit since the unit didn't allow that. After that we had orders to discharge one of our patients. My preceptor showed me how the process for discharging a patient goes. We printed out all the paperwork that was needed and went to her room and explained anything she needed clarification on. We let her know she needed to pick up her medications and follow up on her next appointment. The second day went well, I continued to give all our patients their medications, I did my quick charting and all my assessments, and my preceptor let me know if I needed to make any corrections and explained how to correctly chart.

On my third shift we got reports, logged into epic and went to introduce ourselves to our patients. We had orders to discharge another patient. The second time it went fast after that we were left with three patients. One of our patients was incarcerated, which was interesting to see how some nurses reacted to that and how they let their judgment define their care. One of our other patients needed feeding every two hours. When we first went in my preceptor showed me how to do it and after that I performed all the other feedings every two hours. I flushed with 30ml first then put half a carton then post flushed with another 30ml. another one of our patients needed platelets and I was shown the process of that, we got vitals first, got another nurse to

witness, then after we set it up we stayed in the patients room for another 15 minutes and I was shown how to do all the document needed. One thing I liked was how my preceptor made sure to stay 15mins with the patient and made sure he didn't have a reaction to the platelets.

My fourth shift started by getting reports and updates since we had the same patients. I liked how my preceptor had his routine down made it easy to follow and understand. After we got our updates, we looked at any new orders then went to see all our patients. We went over all their morning medications as well. For one of our patients, they were Spanish speaking only and we needed to get consent for a biopsy. Jay showed me the process of using their translators which was on the Pad. After he was able to reach someone on the iPad the lady explained the consent to the patient and let him know everything he needed before he signed the consent. It was my first time seeing the process when you need a translator for a patient which was interesting since it was my first time seeing someone actually getting a translator. For our patient who needed feeding every two hours his blood sugar was at 413. So, we called the nutritionist and asked what we should do. We skipped the 12pm feeding and gave him his feeding around 1400 and we gave half a carton instead of a full one. They also wanted us to pre and post flush with 90ml from now on. When we checked his blood sugar at 1400 it went down to 370. On all three of our patients, I had to give them insulin the whole day. Overall, on my third day I felt really good, I felt like I had a good routine down, I felt confident in giving and preparing the medications. I cant wait to see the progress I will make after my ten shifts.