

Rotill Benson

Day 1 Reflection Questions	Student Nurse Reflection
What feelings did you experience in clinical today? Why?	<p>In the NICU I felt a sense of responsibility to keep the babies safe and comfortable. It was heartwarming to see the babies overcome challenges and progress.</p> <p>In the PICU, I was sad about the patient that we had, she was only a teenager and had attempted suicide for the 4th time.</p>
What did you already know and do well as you provided patient care today?	<p>I already knew how to do assessments, vital signs, administer medication, feed babies, change diapers, and documentation in epic. I think I did a great job.</p>
What areas do you need to develop or improve?	<p>I think I need to improve my SBAR, I did pretty good at it but it could've been better.</p>
What did you learn today?	<p>In PICU I learned the steps in doing a lumbar puncture and how to handle chemo medications.</p> <p>In PACU I learned that they use the Aldrete method to assess a patient recovery from anesthesia.</p>
How will you apply what was learned to improve your patient care?	<p>I can apply what I learned in the NICU by teaching it to the parents and helping and helping them learn the importance of skin to skin contact, proper feeding techniques, and recognizing signs of distress.</p> <p>The skills I learned while in PACU will help me in closely monitoring my patients vital signs and pain management post surgery. It will also help me with safety measures such as keeping the airway clear and applying oxygen when needed.</p>