

## IM8 Clinical Reflection

On the first day of my clinical rotation, I was nervous, but excited for the opportunity to be able to gain more experience in treating the pediatric population. I was also excited to meet my preceptor and level set goals for the next ten shifts together. The second day of my clinical rotation, I was anxious because I was expected to take on a patient and provide complete care, report, and documentation, under supervision. I was glad that my SBAR went well when giving the report on my patient, and that my interpretation of my patients' chart regarding their diagnoses was accurate. On the third day of my clinical rotation, I felt more organized when beginning the shift. I also felt like when my preceptor and I were given the handoff report, I could begin to formulate what possible priorities would be immediate, and what could be delayed until later. I also felt slightly more confident in navigating the chart and documenting assessments completed.

What I already knew as I provided patient care on the first day, was how to safely administer medications using the seven rights. I also used Aidet with all my patients and used therapeutic communication to establish rapport with my patients, as well as their families. I also practiced hand hygiene and kept the patients' room free of clutter. I also performed a dressing change and port change on a PICC line. On the second day, I performed an SBAR report for my patient and gave a handoff report to the night shift nurse. I also documented my patient's vitals, assessments, and progress notes and referred to labs and vitals for follow up regarding PRN medications. I also assisted with a Lumbar Puncture on a patient. On the third day, I was given two patients for whom I documented, assessed, gave the handoff report, and planned to incorporate their individual tasks into the day. I worked on prioritization when given tasks such as medication administration and assessment in the same hour for both patients. I also utilized patient status and previous collected data to make informed decisions on which patient I would need to visit first. I assisted in completing a home medication request to be added to the system and completing a discharge and trauma checklist in Epic for a patient.

The areas that I need to improve on regarding patient care are documentation, prioritization, and time management. For documentation, I am still having to spend a bit of time navigating the hourly and Q4 documentation regarding each patient. Also, familiarizing myself with arrival/discharge checklists and updating progress notes for each patient. With prioritization, I need to improve on which patient requires immediate care, especially when we receive a new admission amongst our current patients, and when there are patients awaiting discharge. I also need to improve on time management in terms of how long a task will take, such as administering medications and preparing patients for MRI/CT scans in the same hour.

I learned how to change the dressing and ports on a PICC line. I also learned how to prep and assist with a lumbar puncture on an infant and how to administer Versed via intranasally. Lastly, I learned how to fill out a discharge checklist, complete a Chemotherapy checklist, and create a request for a home medication to be added so that we can scan and document a hospital label for the medication.

I will use what I learned in these clinicals to be able to perform these skills more efficiently, and with more confidence from already having an opportunity to get hands on experience. I will also use the knowledge I gain from having to prioritize my patients, to be able to complete patient goals

in a timely manner and address immediate patient needs. I feel like the more experience I gain from this, the less I will rely on merely completing checks on the charts. I will continue to build on my time management and situational awareness regarding patient status changes and updates. I will also continue to coordinate with my preceptor on goals for improving my clinical proficiency and adding to my experience in performing skills that I have not had the chance to perform in the hospital setting