

## Midterm clinical reflection

My first day at the clinical I did not know how to go into the building, until they saw me into the camera and let me in. I was a little scared of what to expect since it was a new facility and we never been there before for clinicals, and never hear about it.

On day I met my nurse and around 6:40 am they received a report from the charge nurse, and she told me it is a routine. It was my orientation date, she introduces me to all the staff present that day and walked me through the floor (unit layout, security, policies and procedures...) and even her routine as nurse. That day on of our patient had dialysis and I learned how important it is to monitor blood pressure and why to hold blood pressure medication at that time. Added to that, I had to give IVP medication, give subcutaneous medication, blood sugar check, and IVPB.

On day two, I had one patient on which I did all my first complete charting. I did blood transfusion in which the process consist of taking the first series of vital signs, have two witnesses, admit blood, and wait 15min for reaction and then take another series of vitals. My nurse went and showed me procedures and policies related to blood administration. That same day, performed IVP, patient's bath, vital signs, and documentation. I spend a lot of time on documentation.

On day three I still have one patient, and that patient had PEG tube, I gave medication and bolus feeding through the PEG tube, I also assist at the care of trach. That day we received a visit from a patient and her husband just stopping by to great the staff and my nurse explain to me that she had a long stay at the facility and finally found healing after a long period.

Everyday around 5:30 pm nurses have their patient's blood sugar level ready, add their patient's input and output and give as report to the charge nurse because the charge nurse must give their report at 6:00 pm.

Overall, everything went well, and one thing I like about that floor so far is the teamwork spirit that exist over there among all the staff. We usually have our lunch break around 1:00 or 2:00 depending on how busy we are for 30 min and nurses must clock out during that time, and my nurse still introduce me to the staff that I have not meet yet.