

Covenant School of Nursing Reflective Practice

Name: Paige Ribordy-Dillon

Instructional Module: 6

Date submitted:

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<p>Step 1 Description</p> <p>Pt was induced increased Pitocin over time. Me and my nurse turned her changed positions. I talk to the family & pt about baby girl. She had AROM and was still 3cm 60% -2 throughout the day.</p>	<p>Step 4 Analysis</p> <p>How to read FHR & contractions FHR to monitor baby throughout labor.</p>
<p>Step 2 Feelings</p> <p>I was nervous bc I started in recovery. I was also not so confident in my knowledge w L&D. My nurse did teach alot when I asked questions. I was still unconfident in the impact I had on the pt & her family. I need to be confident but cautious.</p>	<p>Step 5 Conclusion</p> <p>Been in the pts room were often to witness & help me. Followed my nurse even when she didn't want me coming into the room. Learned to be more assertive so I can can have better clinical experience.</p>
<p>Step 3 Evaluation</p> <p>I got to witness alot about fetal monitoring. Education for mom during labor. AROM went well she was also progressing slowly. I didn't expect her to move around as much as she did. bc she was in mild pain. "her words"</p>	<p>Step 6 Action Plan</p> <p>Induction went well. Pitocin was increased at correct times to help progress her contractions. I would educate more on proper pump use. she had some trouble w placement. I know how to properly increase pitocin & give correct interventions during stages of labor.</p>

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Prioritization Tool

	URGENT	NOT URGENT
IMPORTANT	Urgent & Important DO fundal rub when transferred to M&B	Not Urgent but Important PLAN clean up vomit on her
NOT IMPORTANT	Urgent but Not Important DELEGATE Dad take baby so she can throw up. mom	Not Urgent and Not Important ELIMINATE Getting mom an emesis bag

> recovery pt

Education Topics & Patient Response: induction pt

Peanut ball positioning: laying on ball instead of back to open

up her hips more

Birth ball education: careful not to knock off monitors don't bounce to hard. she is using ball & walking around.

