

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>I felt some anxiety going in but it did not last long. I loved the whole experience and was so much fun!</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I knew my patient background and meds she was on. That helped me ask the questions I needed to know for planning care on my patient.</p>
<p>What areas do you need to develop/improve?</p>	<p>Placing the TOCO and FHM on the patients!</p>
<p>What did you learn today?</p>	<p>I learned how to check a cervix, place the monitors that I needed to, and also read the contraction strip/FHM better.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>Reassuring mom and always know the resources available to a new parents.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<ol style="list-style-type: none"> 1. Educating what true and false labor was, how to help calm anxiety with a patient who is in distress. 2. Planning my priorities when going into a patient room and knowing that those can change at any moment. 3. Knowing my resources in my hospital to help families in need or who are not prepared for a baby.

