

Aspire Reflection (300 word minimum)

<p style="text-align: center;">Safety & Quality</p> <p>Describe anything you accomplished to maintain a safe, quality environment</p>	<p>I introduced myself in order to allow people to get to know me. Which I believed allowed them to become more open in sharing their experiences.</p>
<p style="text-align: center;">Clinical Judgment</p> <p>As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing:</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical? 	<p>I Don't think previous knowledge helped me in this scenario because what I thought addiction looked like and what these people had experienced were completely different.</p> <p>I definitely can apply this experience into practice in the future because I will be able to draw on actual knowledge of the circumstance they might be experiencing</p> <p style="text-align: center;">I learned that addiction is a disease and not a choice.</p>
<p style="text-align: center;">Patient Centered Care</p> <p>Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p>One client that concerns me was injecting meth by the time he was 14. Which causes concern for his health later in his life.</p>
<p style="text-align: center;">Professionalism</p> <p>How did you maintain professionalism? You can review your clinical evaluation for ideas</p> <p>(What has this taught you about professional practice? About yourself?)</p>	<p>I maintained professionalism by respecting the groups boundaries and allowing them to express themselves without the fear of being judged.</p>
<p style="text-align: center;">Communication & Collaboration</p> <p>Describe how you utilized therapeutic communication/collaboration</p>	<p>During the lunch period two gentlemen came and sat by me, and I introduced myself. This allowed us to get to know each other better. Once they got to know me they were very open about their life experiences and what they are currently trying to do to become better.</p>
<p style="text-align: center;">Feelings</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? 	<p>I was pretty skeptical of the whole thing at first because I didn't really know what to expect. However, I felt like it was an amazing experience. I loved hearing about peoples experiences and them overcoming adversity in their life in order to make a difference. The outcome of this experience was fantastic. I can now with out a doubt view addiction in a way that I can help someone with an addiction issue get proper help.</p>

<ul style="list-style-type: none">• How did you feel about the outcome?• What is the most important emotion or feeling you had?	
<p>Evaluation What stood out the most about Aspire?</p>	<p>I loved how welcoming they are. I am super happy everyone in the module gets to go there because it is a wonderful place.</p>