

Student Name: _____

Date: _____

<p>8. Focused Nursing Diagnosis: Major uneasy feeling of discomfort or uneasiness</p>	<p>12. Nursing Interventions related to the Nursing Diagnosis in #7: 1. Use simple words and brief messages, spoken calmly and clearly, to explain hospital experiences to client. Evidenced Based Practice: Client may fear for her life. Presence of a trusted individual provides client security, personal safety.</p>	<p>13. Patient Teaching: 1. Therapy - to learn new ways of thinking. 2. Medication - take medications and do not skip them. 3. Use simple memories - avoid tobacco, caffeine, alcohol.</p>
<p>9. Related to (r/t): Unconscious conflict about essential values and goals of life Situational and maturational crisis</p>	<p>Evidenced Based Practice: A stimulating environment may increase level of anxiety 3. When level of anxiety is reduced explore with client possible reasons for occurrence.</p>	<p>14. Discharge Planning/Community Resources: 1. Talk to someone - find someone you can confide in. 2. Practice healthy thinking.</p>
<p>10. As evidenced by (aeb): Insomnia Restlessness</p>	<p>Evidenced Based Practice: Recognition of precipitating factors is the first step in teaching the client to attempt escalation of the anxiety</p>	
<p>11. Desired patient outcome: Client will verbalize ways to intervene in escalating anxiety within 1 week.</p>		<p>3. Fill all prescriptions - take as prescribed.</p>