

NAME: _____

DATE: _____

Chantal Navarrete

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

| Reflection Question | Nurse Reflection |
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| <p>What feelings did you experience in clinical?</p> <p>Why?</p> | <p>At the beginning of SIM, I felt somewhat nervous due to not knowing what to expect in each scenario.</p> |
| <p>What did you already know and do well as you provided patient care?</p> | <p>In specific to my scenario, I already knew what an external version was. Moving forward to performing the actual scenario, I believe I did well in explaining education related to the procedure and specific medications that would be needed.</p> |
| <p>What areas do you need to develop/improve?</p> | <p>Areas I believe I need to improve on is not second guessing myself and being sure about my nursing interventions.</p> |
| <p>What did you learn today?</p> | <p>In all the scenarios, I learned how important it is to advocate for your patient and their care. I also learned the importance of making sure each family member needs to be accounted for when a newborn baby is around in order to avoid abduction.</p> |
| <p>How will you apply what was learned to improve patient care?</p> | <p>I will apply my learning in terms of making sure my patient is always aware of what is going on, especially with critical care situations such as IUR procedures. I will also make sure to pay attention to the fetal heart rate monitor when connected to the patient to make sure the baby is always stable and to be aware of possible complications that can occur. In addition, I will always try to advocate for my patient because of how important their voice is in their plan of care as well.</p> |
| <p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p> | <ol style="list-style-type: none"> 1. In relation to Safety & Quality, I believe creating a plan of care and prioritizing certain interventions for my specific patient played a large role in how I met the goal. From knowing I needed to discover babies' position and continuing to monitor the FHR while also giving medication, I believe I was able to accurately provide and prioritize my patients care. 2. In addition, I believe I utilized my education and communication in a professional way by upholding Professionalism. I was able to provide care and communicate not only with my patient but also their family in a calm and collective manner while also giving them explanations on why they were receiving the external version. |

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| | <p>3. Lastly, regarding Communication & Collaboration; I believe I not only communicated my patient education effectively with my patient and their family but also with my fellow student nurses. By accurately communicating on specific teachings and medications needing to be administered, I believe our collaboration not only helps the outcome of the patient but also provides a positive environment. It also showed that teamwork is what makes the work environment run smoother and more effective.</p> |
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