

NAME: Mireya Ocegueda _____ DATE: __10/23/34_____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	Usually when I go to sim, I am always nervous because I don't know what to expect. You have everyone watching you as you perform your tasks and sometimes if the instructor adds something else it throws you off a little bit. Overall, I think I handled my scenario well and this was my first time doing that, so I am proud of myself for that.
What did you already know and do well as you provided patient care?	I think I do good on sticking to my plan when I know my priorities, for example, my patient has gestational diabetes and elevated blood pressure so I knew that would be a cause of concern during my scenario.
What areas do you need to develop/improve?	I definitely think I need to improve on my communication skills with family members, I guess in sim it is a little harder to do since it is always a classmate that may make things harder on you.
What did you learn today?	I learned that I am able to handle a situation in where things are going completely wrong in a calm and organized manner. That is something I did not know I could do
How will you apply what was learned to improve patient care?	I will apply this to improve patient care by doing the same in an actual situation, remaining calm can also reassure the patient that everything is okay, and everything is being taken care of by the nurse.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. I was able to prioritize and implement appropriate interventions for both mom and baby and we were able to have a successful delivery.2. I could have done better in implementing family centered care, I was most focused on caring for mom that I wasn't really acknowledging dad.3. Giving report to the upcoming nurse, I think went well and gave as much history and recommendations that I could.

