

First clinical day medication sheet

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Levofloxacin (BBW)		usually given PO or IV Dosages range from 250mg-750mg	Strong antibiotic used to treat things like: -pneumonia -bronchitis -sinusitis	1) Take with water, with or without food, at the same time every day for best effect. 2) Increase fluid intake while taking this medication to help with kidney function. 3) If you miss a dose, take as soon as possible but do not take 2 doses at one time. 4) Increases your risk for sunburn/skin damage. Avoid direct sunlight and tanning beds. Wear sunscreen and protective clothing.
Metoprolol		usually given PO or IV Dosages range from 50mg-100mg MAX: 400-450mg/day	Commonly used for: -HTN -angina -MI, acute	1) Take with a meal or just after a meal. 2) Take at the same time every day for best effect. 3) If you miss a dose, take your next dose at the regularly schedule time. Do not take 2 doses at once. 4) Avoid drinking alcohol which can increase certain side effects.
Ondansetron		usually given PO or IV, can be given IM. General dosing range from 2mg-24mg	Commonly used for the treatment and/or prevention of nausea and vomiting.	1) If you miss a dose, continue regular schedule. Do not double or take extra doses. 2) Constipation is a common side effect; contact your doctor if you suspect possibility of bowel obstruction- unable to pass gas, lack of appetite, vomiting. 3) Contact your doctor if you experience CP, dizziness, syncope, or irregular heartbeats/palpitations. 4) Store at room temperature and protect from light by storing in original packaging.
Prednisone		usually given PO or IV Common dosage forms 1mg-50mg	Commonly used for asthma and other corticosteroids responsive conditions.	1) Take with food if upset stomach occurs. 2) Can lower your immune system, do not get "live" vaccinations. 3) Immediately report severe depression, changes in personality, unusual thoughts or behaviors. 4) Immediately report dark tarry stool, vomiting blood, irregular heartbeats, severe muscle cramping, or increasing thirst/urination.
Vancomycin (BBW)		usually given PO or IV Dosage range 150mg-2000mg	Commonly used for: -severe bacterial infections -C diff -pneumonia	1) Common side effects can include nausea and stomach pain. 2) For liquid suspension use a medication dosing cup or syringe to measure medication, do not use a kitchen spoon. 3) Contact doctor if you develop hearing loss or ringing in your ears, watery or bloody stool. 4) Signs of possible low potassium: Irregular heartbeats, fluttering in your chest, severe cramps, or muscle weakness; notify doctor immediately.

Black Box Warnings

Levofloxacin		-Tendinitis/Tendon rupture, peripheral neuropathy, and CNS effects. -Use Fluoroquinolones as last resort.		
Vancomycin		-Exposure risks in early pregnancy due to fetal malformations.		

Medication reference:

<https://www.epocrates.com/>

<https://my.clevelandclinic.org/>