

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 2359 Sunday the following week of lecture topics.

Grading: Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI clinical skills and case studies are **HIGHLY RECOMMENDED** to be completed **prior** to their corresponding lecture.
- HESI OB and PMH adaptive open book quizzes 1-4 will account for 5% of your total grade.
- Progression to the next module requires completion of all assigned work.

| Weekly Topics and Required Reading | Highly Recommended HESI Clinical Skills | Highly Recommended HESI Case Studies | # Exam Questions |
|--|---|---|---------------------|
| WEEK 1 | | | |
| <p>Antepartum Nursing and Antepartum Testing / Soliz - Required Reading:</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Antepartum Nursing Care & Testing: pgs. 201-211 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., McKinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 6 Adaptations to Pregnancy: pgs. 95-119 Ch. 7 Antepartum Assessment, Care and Education: pgs. 122-135, Ch. 9: Prenatal Diagnostic Testing: pgs. 184-201 Ch. 11 The Childbearing Family with Special Needs pgs. 269-276 • Tables: “Signs of Possible Pregnancy Complications” pg. 138, “When to go to Hospital or Birth Center” Rh Incompatibility Pgs. 235-236 pg. 387, 15.1 Leopold’s Maneuvers pg. 396, 8.1 Recommended Wt. Gain pg. 147; 8. 2 & 8.3 Nutrition for Childbearing pg. 149 | <p>Antepartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Admission Assessment: Obstetric Patient • Biophysical Profile • Leopold’s Maneuvers <p>Intrapartum Nursing Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Laboring Patients: Nursing Care • Rho (D) Immune Globulin | | 16-18 |
| <p>Electronic Fetal monitoring / Gurley - Required Reading</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Electronic Fetal Monitoring pgs. 211-216 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 14 Intrapartum Fetal Surveillance pgs. 350-383 | <p>Electronic Fetal Monitoring Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Fetal Heart Rate: Interpretation | | 9-11 |
| <p>Intrapartum Nursing / Gurley - Required Reading: Required Reading</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Intrapartum Nursing Care, Initial Exam, Stages of Labor, Labor with Analgesia or Anesthesia, Regional Block Anesthesia pgs. 216-227 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 12 Processes of Birth; Ch. 13 Pain Management During Childbirth; Ch. 15 Nursing Care During Labor and Birth | <p>Intrapartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Artificial Rupture of Membranes • Epidural Catheter Insertion • Oxytocin • Vaginal Delivery | | 22-24 |

IM 6 Maternal Newborn & PMH Assignments

HESI assignments are due @ 2359 Sunday the following week of lecture topics.

| | | | |
|--|--|---|--|
| Postpartum Nursing / Soliz - Required Reading: Required Reading: <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Postpartum Nursing Care: pgs. 227-231 Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Rh Incompatibility Postpartum Mgmt. pgs. 234-235, Ch. 11 Adoption pg. 289 and Postpartum Depression pgs. 290-293, Ch. 17 Postpartum Adaptation and Nursing Care pgs. 469-501, Ch. 18 Postpartum Maternal Complications pgs. 505-523, Ch 23. Infant Feeding pgs. 643-666 | Postpartum Maternal Newborn Collection <ul style="list-style-type: none"> • Assessment: Postpartum Patients • Breastfeeding Education • Cesarean Delivery: Recovery Care | <ul style="list-style-type: none"> • Postpartum | <p style="text-align: center;">14-16</p> |
| OB HESI Adaptive open book Quiz # 1 Due 10/20/24 @ 2359 | EXAM 1 - 10/21/24 - 0800-1100 | | |
| WEEK 2 | | | |
| Current Theories & Practice / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | Current Theories Mental Health Collection <ul style="list-style-type: none"> • Elopement | | <p style="text-align: center;">9-11</p> |
| PMH Legal/Ethical Issues / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | Abuse & Neglect Mental Health Collection <ul style="list-style-type: none"> • Abuse & Neglect of Older Adults | | <p style="text-align: center;">5-7</p> |
| Psychopharmacology / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 4 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | Psychopharmacology Mental Health Collection <ul style="list-style-type: none"> • Psychiatric Medications; Recognizing Adverse Effects | | <p style="text-align: center;">16-18</p> |
| Therapeutic Communication / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9 • HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication | Nurse Patient Relationship Mental Health Collection <ul style="list-style-type: none"> • Therapeutic Communication Using Trauma-Informed Care | | <p style="text-align: center;">7-9</p> |
| WEEK 3 | | | |
| Substance Use Disorder / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing | Substance Use Disorder Mental Health Collection <ul style="list-style-type: none"> Addiction, Chemical Dependency & Withdrawal | Substance Disorder Mental Health Collection <ul style="list-style-type: none"> Alcoholism | <p style="text-align: center;">11-13</p> |

IM 6 Maternal Newborn & PMH Assignments

HESI assignments are due @ 2359 Sunday the following week of lecture topics.

| | | | |
|---|--|--|-------|
| Mood Disorders / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16: Ch. 23. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | Mood Disorders Mental Health Collection <ul style="list-style-type: none"> • Bipolar Disorder • Depression • Electroconvulsive Therapy | Mood Disorders Mental Health Collection <ul style="list-style-type: none"> • Depression | 11-13 |
| PMH - HESI Adaptive open book Quiz # 2 - Due 11/03/24 @ 2359 | EXAM 2 - 11/04/24 - 0800-1100 | | |
| WEEK 4 | | | |
| Pregnancy at Risk / Nuttall - Required Reading: Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: High-Risk Disorders pgs. 240-253. Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications; Ch. 19 Critical Care Obstetrics | Pregnancy at Risk Maternal Newborn Collection <ul style="list-style-type: none"> • Deep Tendon Reflexes • Precipitous Delivery • Prolapsed Cord • Shoulder Dystocia | Pregnancy at Risk <ul style="list-style-type: none"> • Ectopic Pregnancy • Gestational Diabetes • Preeclampsia | 23-25 |
| WEEK 5 | | | |
| Twins, Infertility & Contraception / Soliz - Required Reading: Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing Table 6.10 Methods of Contraception Pg. 232 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 27 Infertility pgs. 757-774 Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch.3 Reproductive Anatomy and Physiology pgs. 42-53, Ch. 5 Conception and Pre-embryonic Period pgs. 75-78; Ch. 26 Family Planning pgs. 732-754 | | | 14-16 |
| Reproduction & Preventative Women's Health / Soliz - Required Reading: Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for NCLEX-RN Examination: Ch. 6 Maternity Nursing pgs. 201-203 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 28 Women's Health-Preventative Care pgs. 776-783, Menopause pgs. 795-798 | | | 8-10 |

IM 6 Maternal Newborn & PMH Assignments

HESI assignments are due @ 2359 Sunday the following week of lecture topics.

| | | | |
|--|--|--|-------|
| <p>Women's Health Diagnostics and Disorders / Soliz - Required Reading: Required Reading</p> <ul style="list-style-type: none"> HESI Comprehensive Review for NCLEX-RN Examination: HIV pg. 50, Medical Surgical Nursing - UTI pg. 79, Reproductive System (Women) -Uterine prolapse, Cystocele and Rectocele pgs. 143-144, Cervical and Ovarian Cancer pgs. 144-145, & STD's pgs. 147-149 <p>Recommended Reading</p> <ul style="list-style-type: none"> Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 2 Intimate Partner Violence, Table 2.2 Myths and Realities of Violence against Women, and Human Trafficking pgs. 24-30, Ch. 28 Women's Health Benign Breast Disorders pgs. 785-786, Menstrual Disorders pgs. 790-794, Pelvic Floor Disorders pgs. 798-800, Benign and Malignant Disorders of the Reproduction Tract pgs. 800-802. Infectious Reproductive Disorders pgs. 803-807 | <p>Women's Health Maternal Newborn Collection</p> <ul style="list-style-type: none"> Dilatation & Curettage <p>Emergency Collection</p> <ul style="list-style-type: none"> Sexual Assault Exam | <ul style="list-style-type: none"> HESI Maternal-Newborn Practice Exam HESI Maternal Newborn Quiz | 16-18 |
| WEEK 6 | | | |
| OB HESI Adaptive open book Quiz # 3 - Due 11/17/24 @ 2359 | | EXAM 3 - 11/18/24 - 0800-1100 | |
| WEEK 7 | | | |
| <p>Psychiatric Emergencies / Maya - Required Reading:</p> <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25. HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | <p>Psychiatric Emergencies Mental Health Collection</p> <ul style="list-style-type: none"> Agitation & Disruptive Behavior | <p>Psychiatric Emergencies Mental Health Collection</p> <ul style="list-style-type: none"> Psychosis | 11-13 |
| <p>Schizophrenia / Maya - Required Reading:</p> <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17. HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | <p>Schizophrenia Mental Health Collection</p> <ul style="list-style-type: none"> Schizophrenia & Psychosis | <p>Schizophrenia Mental Health Collection</p> <ul style="list-style-type: none"> Schizophrenia | 18-20 |
| <p>Somatic Symptoms Disorders / Harrison - Required Reading:</p> <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | | | 5-7 |
| <p>Anxiety & Stress Disorders / Harrison - Required Reading:</p> <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing | <p>Anxiety Mental Health Collection</p> <ul style="list-style-type: none"> Anxiety | | 13-15 |
| <p>Personality Disorders / Harrison - Required Reading:</p> <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13 HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nursing | <p>Personality Disorders Mental Health Collection</p> <ul style="list-style-type: none"> Borderline Personality Disorder | <ul style="list-style-type: none"> HESI Mental Health Practice Exam HESI Mental Health Quiz | 13-15 |
| PMH HESI Adaptive open book Quiz # 4 - Due 12/08/24 @ 2359 | | EXAM 4 - 12/09/24 - 1100-1400 | |

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 2359 Sunday the following week of lecture topics.

Additional Assignments

- PMH crossword puzzle due Monday **10/21/24 @ 2359**.
- AA Meeting Reflective Journal submitted to Dropbox due for **Group 1** on **11/07/24 @ 2359** and **Group 2** on **12/05/24 @ 2359**.
- HESI Adaptive open book Quizzes 1-4 are due on the **Sunday** night prior to the corresponding unit exam at 2359.
- Obstetrics/Maternity Practice Exam & Quiz are recommended to help prepare for HESI. **(Located in HESI Case Studies Folder)**
- PMH HESI Practice Exam & Quiz are recommended to help prepare for HESI **(Located in HESI Case Studies Folder)**
- All Clinical paperwork is due **Thursday** after the clinical activity @ **2359**.
- All PMH & OB Module paperwork including the signed community verification form for any community clinical site must be received by Thursday, **11/07/24 and 12/05/24 @ 1600** to be allowed to **switch clinical rotations and to progress to IM7**.