Patient Report

SBAR Hand-Off	Current day and time:	Friday 0700												Admission day and time:	Thursday 2100
Situation	Name:	Marcie Anderson													
	Age:	32	Sex:	Female				Ethnicity:	Caucasian			Religion:		Christian	
	Provider:	Richard Takia, MD													
	Admission diagnosis:	Obsessive-compulsive disorder													
Background	Pertinent medical history:	Hypothyroidism													
	Pertinent social history:	32-year-old single white female. Lives alone in an apartment. Has Bachelor's degree in marketing. Has been working at an advertising firm for past 5 years and was recently promoted. Denies tobacco use. Reports social alcohol use consisting of 1 to 2 glasses of wine on the weekends. Denies drug or legal problems. Currently not in a relationship.													
	Allergies:	NKDA													
	Code status:	Full code													
	Vital signs (most recent):	Time:	0600	T:	98.4 F (36.8 C)	BP:	128/86	P:	98	RR:	20	O_2 Sat:	98%		
	Oxygen therapy:	Mode:		Room air		LPM:	Not applicable								
	Pain:	Rating:	0	Most recent pain medication:			Not applicable				Time:	Not applicable			

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Patient Report—cont'd

	Other recent medication:	Not applicable							
	IVs:	Site:	Not applicable	Type:	Not applicable	Assessment:	Not applicable	Fluid:	Not applicable
	Drains and tubes:	Site:	Not applicable	Type:	Not applicable	Assessment:	Not applicable		
	Wounds:	Site:	Not applicable	Type:	Not applicable	Assessment:	Not applicable		
	ADLs:	Diet:	Regular				Activity:	No restrictions	
	Restrictions:	Isolation:		Standard precautions			Fall risk:	None	
	Assessments:	Neurologic:	Alert and oriented to person, place, and time. Pupils equal and reactive to light.						
		Cardiac:	Apical strong and regular. Normal S1 and S2 auscultated. Peripheral pulses present and equal bilaterally.						
		Respiratory:	Lungs clear to auscultation.						
		GI/GU:	Abdomen soft and nondistended. Bowel sounds present.						
		Integumentary:	Skin normal. No evidence of abnormal pigmentation, cyanosis, or abnormal moles.						
		Ortho/Mobility:	Full range of motion. Normal strength. Hand grasps and pedal pushes bilaterally equal. Gait steady.						
		Psychosocial:	Single female. Currently has a full-time job. Not in a relationship. Denies smoking or drug use. Reports social alcohol use on weekends consisting of 1 to 2 glasses of wine.						
		Other:							

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Patient Report—cont'd

	Labs and diagnostics:	All labs within normal ranges
Assessment	Nurse's assessment:	Marcie has been pleasant and cooperative. She reports feeling extremely anxious. Has been noted to be pacing around unit. Describes obsessive thoughts about feeling incompetent and being unable to meet expectations in relation to new promotion at work. Reports compulsive behaviours at home consisting of ritualistic folding of laundry. She feels that the level of her anxiety has impacted her work and relationships. She denies suicidal thoughts or homicidal thoughts. She slept 6 hours the night before. She ate 25% of breakfast this AM.
Recommendation	Plan of care:	• Establish trust and rapport with patient • Explore perceptions of obsessive-compulsive behaviors • Reinforce relaxation techniques
	Tests/results pending:	None
	Orders pending completion:	None
	Other:	I observed Marcie removing the sheets from her bed. She seemed distressed. Can you go check on her?

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