Covenant School of Nursing Reflective Practice

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Step 1 Description

My last 5 shifts I have spent 2 in the nicu and 3 in Pedi. My last shift on Pedi, I got to draw blood on a 3 year old which was a first for me, and I got the labs. I also experienced some CPS cases that was different for me. During NICU I was with some feeders & growers so that was a nice change.

Step 4 Analysis

I have learned <u>patience</u> and a lot about charting! This will help me in my future on oncology because are patients are really sick so as a nurse im gonna have to be patient and get used to all the charting a RN does.

Step 2 Feelings

I have loved coming to clinical, I feel like I have grown and feel like a real nurse which has given me confidence. The last 5 shifts I have performed more independently which pass has eased anxiety for my future.

Step 5 Conclusion

In conclusion I feel like me and my preceptor did well working together. I wish I wouldve had more time with her as her only student but overall I think we did the best we could and she gave me the best learning oppurtunities.

Step 3 Evaluation

I loved Pedi & the people & experiences. Nicu has never been my favorite but my 3 total shifts were always good. Getting to work w/ kids has good and bad things but I have learned the good out ways the bad. I feel like overall I adjusted well in the real world.

Step 6 Action Plan

This has taught me the reality of nursing. I have enjoyed my placement on Pedi. I have learned a lot of tips on time management, prioritization, and many other essentials that I will need for my future. I will use the skills and experiences among what I have learned.

Adopted: August 2016