

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p><b>Step 1 Description</b></p> <ul style="list-style-type: none"> <li>-I introduced myself to my patient and explained my procedure (med admin), after reentry to room I administered meds</li> <li>-Happened around 0900 AM- prep began at 0830</li> <li>- I was at the sim center, beginning in conference room to library to the sim room</li> <li>-I was prepping, prioritizing tasks, and trying to use critical thinking from start to finish</li> <li>-I played the role of the nurse in the scenario</li> <li>-Sim dummy played patient, instructors played patient voice, and critics</li> <li>- I passed my CPE, they advised me on what I did well and where areas that, although passed, could become more effective.</li> </ul>	<p><b>Step 4 Analysis</b></p> <ul style="list-style-type: none"> <li>-I can apply my knowledge of meds and their adverse effects and how dependent on VS, physical appearance, and assessments whether to withhold or administer meds</li> <li>-Evidence of low BP in VS, thus giving me cause to withhold a few meds</li> <li>-Nursing judgment is relevant as you play educator, advocate, and caregiver all in one scenario.</li> <li>-This even would distinguish task from actual care</li> <li>-I can make sense that I am administering meds and using my own judgment to determine whether they are safe for the patient</li> <li>-A scenario with different factors dictating med administration</li> <li>-I don't know, we are not allowed to discuss as it is an exam</li> <li>-Different perspectives allow for different view points on how to manage the time constraint</li> </ul>
<p><b>Step 2 Feelings</b></p> <ul style="list-style-type: none"> <li>-I was feeling nervous but confident as we've done CPE before</li> <li>-I was thinking that I liked this one a bit more as we were able to actually use our own judgment for patient care</li> <li>-this CPE made me feel a bit more trusted as student and future nurse to be able to decide certain things and genuinely know what it feels like to advocate for your patient.</li> <li>-The instructors pre/post scenario were very warm but direct in what they expected and what would occur.</li> <li>-I am content with my performance and the critique I received from the two instructors in the room</li> <li>-The most important feeling was being proud to have followed all the protocols, universal competencies, and completed my tasks in the allotted time.</li> <li>-It is important because more often than not, we, as students never get to make those types of decisions or to genuinely critically think without guidance. Even if mistakes occur, no real patients are in harms way and it allows us to make mistakes that stick with us.</li> </ul>	<p><b>Step 5 Conclusion</b></p> <ul style="list-style-type: none"> <li>- I Could have managed my time better and I feel been more personable with my patient</li> <li>- I don't think anyone else could've affected how I performed</li> <li>- Could have been a bit more organized</li> <li>- I learned how to communicate and connect patient condition with tasks, not just being task oriented</li> </ul>
<p><b>Step 3 Evaluation</b></p> <ul style="list-style-type: none"> <li>-The good was the prep time allotted to us and the instructors being kind</li> <li>-The bad, for me, was certain discrepancies between assessments done and whether med assessments were needed as well</li> <li>-The easy part was being given the time to critically think about outcomes prior to the med admin</li> <li>-The most difficult part was time management</li> <li>-I did really well teaching and managing my time</li> <li>-I was expecting to be done faster than I was, due to the fact that I only had 2 meds to give</li> <li>-I felt I took too long in the med room and time felt like it went by much faster</li> <li>- I contributed by completing the scenario and passing</li> </ul>	<p><b>Step 6 Action Plan</b></p> <ul style="list-style-type: none"> <li>-I enjoyed this version of CPE wherein the power and judgment calls are up to us</li> <li>-I do not have any conclusions other than previously stated outcome</li> <li>-Next time to be more prepared and organized</li> <li>-I can apply what I've learned in the real world as a nurse and even as a nursing student</li> <li>-This has taught me first hand about patient advocacy and to be more confident in my own abilities and judgment</li> <li>-I will continue to use judgment in future clinical and simulations.</li> </ul>

