Kaylee Herbert
137092

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

Step 1 Description	Step 4 Analysis
I entered the simulation, assessed the pt's IV, foley, and pain. I completed the fall bundle and the 4 Ps. I gathered the meds that weren't contraindicated by the pt's VS and labs, returned to the pt and administered the medication, ensuring the pt's 7 rights.	The pt had been admitted for urosepsis, and had fluctuating VS and labs. It was very important to keep in mind which medications were contraindicated for what reason as well as why they were being given. It was also very important to closely read the orders so that I could have an action plan already in place before entering the simulation.
Step 2 Feelings	**Step 5 Conclusion**
In the beginning I was extremely nervous. I felt flustered by the time limit. I also felt confident because I knew that I had prepared as much as I was able. After I had completed the simulation I was worried that I had forgotten something.	I could have streamlined my initial assessment into something more fluid and efficient so that I would have more time to safely give medications and answer questions.
Step 3 Evaluation	**Step 6 Action Plan**
I liked that the simulation was exactly what the instructors said it was going to be. There weren't any tricks or surprises that I wasn't ready for. I think I did well staying focused on the task and the details that needed to be remembered, but I could have managed my time better in the beginning because I almost didn't finish my med administration in time before the timer went off. One thing I could have done better is to remember to give the pt teaching about the meds before administering them.	Overall, I'm satisfied with my performance for CPE. I intend to continue to practice streamlining patient safety and initial assessments until it becomes second nature and efficient.