

Alize Zamarripa

Record of Precepted Clinical Experiences

	Date	Exact Time Ex.(0645-1915)	Location	Preceptor's Print & Signature
1	8/19/24	0645-1915	LTACH	Teresa Autry Teresa Autry RN
2	8/22/24	0645-1915	LTACH	Teresa Autry RN
3	8/25/24	0645-1915	LTACH	Teresa Autry RN
4	8/26/24	0645-1915	LTACH	Teresa Autry RN
5	8/29/24	0645-1915	LTACH	Teresa Autry RN
6	9-1-24	0645-1915	LTACH	Teresa Autry RN
7	9-2-24	0645-1915	LTACH	Teresa Autry RN
8	9-15-24	0645-1915	LTACH	Teresa Autry RN
9	9-19-24	0645-1915	LTACH	Teresa Autry RN
10	9-22-24	0645-1915	LTACH	Teresa Autry RN

REMINDER: Do not pre-fill out, Document your actual time after each shift & have your preceptor sign. The time prior shift starting time & the time after does not count extra, 0645-1915 is simply a 12 hour shift.

Preceptor's Signature Teresa Autry RN
 Preceptor's Signature Alize Zamarripa

* fill out every shift

Column1	Column2	Column3	Column4	Column5	Column11
Instructional Module 8 : Capstone Precepted Clinical Experience Skills Checklist					
Medical -Surgical, Antepartum & Mom/Bat Baby/pediatrics/Staffing					
Purpose: This inventory of required skills is to be completed : Orientation, Midterm & finals					
Introduction: Pre-Assessment= Mark an X on each skills that describes your experience					
Preceptorship-Clinical time= write the date & preceptor's initial that describes your experience					
Skills	Student's Pre-Assessment			Preceptorship Clinical Time	
	No. Experience	CPE	Clinical	Supervised	Performed independently
1. Assessment					
a. Vital signs		X	X		X 2A
b. Neurological		X	X		X 2A
c. Respiratory		X	X		X 2A
d. Cardiovascular		X	X		X 2A
e. Gastro intestinal		X	X		X 2A
f. Neuro-vascular		X	X		X 2A
2. Documentation					
a. Assessment			X		X 2A
b. vital signs			X		X 2A
c. Admission					
d. Discharge					
e. Transfer					
3. Collaborative Communication					
a. SBAR		X	X		X 2A
b. Case Mgt					
c. Physician					
d. Pharmacy					
e. Diagnostic					
f. Respiratory					X 2A
g. PT/OT					X 2A
4. Medication					
a. PO		X	X	X	X 2A
b. IVPB		X	X	X	X 2A
c. IV push		X	X	X	X 2A
d. Topical					X 2A
e. Tube feeding		X	X	X	X 2A
f. IM		X	X	X	X 2A
g. Subcutaneous		X	X	X	X 2A
h. intradermal					
i. Nasal			X		X 2A
j. Rectal			X		X 2A
5. CVL & PICC					
a. Med. admin			X	X	X 2A
b. Blood draws		X	X	X	X 2A
c. Dressing change		X		X	X 2A
e. Clave change					
6. Drainage					
a. Removal				X	X 2A
b. Dressing change			X	X	X 2A
e. Monitoring					X 2A
7. Tube feedings					
a. Insertion					
b. Removal				X	X 2A
c. Checking residual				X	X 2A
d. Feeding				X	X 2A
e. Monitoring			X	X	X 2A
8. Urinary catheter					
a. Insertion		X			
b. Removal			X		X 2A
c. Collect specimen			X		X 2A
9. Blood sugar test					
a. Operate glucometer		X	X		X 2A
b. Blood draw			X		X 2A
c. finger stick			X		X 2A
d. Heel stick					
10. Isolation Precautions		X	X		X 2A

a. Contact			X			2A
b. Droplet			X			
c. Neutropenic						
d. Airborne			X			
11. Dressing Change						
a. Incision				X		2A
b. Wound				X		2A
c. Pressure Ulcer			X	X		2A
12. Periphera IV						
a. Initiate			X			
b. Maintenance			X	X		2A
c. Removal			X			
13. Patient Education						
a. Medication	X		X	X		2A
b. Safety	X		X	X		2A
c. Wound care	X		X	X		2A
d. Diet						
e. Activity						
f. Clinic follow-up						
14. Ostomy						
a. Measure output						
b. Change bag			X			
c. Skin care			X			
d. Monitoring						
15. Oxygen Therapy						
a. Nasal Cannula	X		X	X		2A
b. Venturi Mask						
c. BIPAP						
d. Weaning Oxygen				X		2A
16. Unit Routines						
a. Admission						
b. Discharge						
c. Transport						
e. Blood transfusion			X	X		2A
f. Sepsis protocol						
g. MEWS					X	2A
h. Rapid Response						
i. Transfer						
j. Huddle				X		2A
17. OB-GYN						
a. Stress test						
b. Post NSD care						
c. Newborn screening						
d. Pre/post CS care						
e. Magnesium Mgt.						

Student Name (Print): Alize Zamarripa

Student Signature: Alize Zamarripa

Clinical Unit: LTAC

Preceptor: Jeresa Anting RN

Date: 9-22-24

IM8 Capstone Preceptorship: Student Self-Evaluation

LTACH

Finals: 9-22-24

1. Please reflect on your performance during the capstone preceptorship and rate yourself on the following:

	I need significant guidance	I need average guidance	I need minimal guidance
a. Safety/Quality: I Integrate nursing care using evidence-based practice to promote safety and quality for patients, self and others			✓ 2A
b. Communication: I Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in various healthcare settings. (Documentation, Patient advocacy, & SBAR)			✓ 2A
c. Clinical judgement: I integrate use of current evidence-based practice and clinical competence when making clinical decisions in the provision of patient centered care. (Clinical judgement model)			✓ 2A
d. Patient centered care: I integrate nursing care for patients from diverse backgrounds based on patient age, culture, values, and educational needs.			✓ 2A
e. Professionalism: I integrate knowledge, skills, and attitudes required of the professional nurse, embracing lifelong learning to improve the quality of healthcare.			✓ 2A

2. What do you think are your personal strengths?

Professionalism, Team player / always helping others, great with hands on Learning,

3. What have you identified as a personal opportunity for improvement?

Continue to get more Confidence in your Abilities + Continue to work on prioritization

Student Signature: King Zamora Date: 9-22-24

* fill out every ^{Shift} ~~minutes~~

Covenant School of Nursing

IM8 Clinical Experience- Daily Events Record

Student: Alize Zamarripa UNIT: LTACH Preceptor: Teresa Autry

<p>Instructions:</p> <p>1. Student's responsibility:</p> <ul style="list-style-type: none"> - This form must be presented to the preceptor on the first day of clinical. - Write the highlights & Skills observed / performed every each clinical time. - Discuss with the preceptor & write the areas to improve before the end of the shift. <p>2. Preceptor's responsibility:</p> <ul style="list-style-type: none"> - Must give feedback on the areas to improve & instruct the student to write on the allotted space. <p>3. Student & preceptor must sign their Initial every each clinical day.</p>	<p>Highlights: Example (written)</p> <ol style="list-style-type: none"> 1. Team work-Rapid response 2. learning opportunities -Staph infection 3. Post op admission <p>Areas to improve:</p> <ol style="list-style-type: none"> 1. Assessment 2. Anticipation of patient needs 3. working on skills on Blood draw <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. NGT insertion 2. Orthostatic vital sign 3. Trach suctioning 		<p>Date/Initial =Student = Preceptor</p> <p>Date: 10/23/2018</p> <p><u>E. Hamilton</u> Student</p> <hr/> <p><u>A. Santos</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> 1. practicing SBAR 2. admission 3. preparing /admin med <p>Areas to improve:</p> <ol style="list-style-type: none"> 1. Time management 2. NGT meds 3. IV meds <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. NGT removal 2. drawing blood from PICC line 3. PICC line insertion 	<p>Date/Initial =Student =Preceptor</p> <p>Date: <u>8/19/23</u></p> <p>Student <u>A. Zamarripa</u></p> <hr/> <p>Preceptor <u>JA</u></p>	<p>Highlights:</p> <ol style="list-style-type: none"> 1. documenting assessment 2. having own pt 3. encouraging pt to consume <p>Areas to improve:</p> <ol style="list-style-type: none"> 1. meds 2. Time management 3. charting <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. Managing pt 2. documenting 3. performing head to toe assessment 	<p>Date/Initial =Student =Preceptor</p> <p>Date: <u>8/22/23</u></p> <p><u>A. Zamarripa</u> Student</p> <hr/> <p><u>JA</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> 1. documenting assessment - 2 pt 2. give meds through J-tube 3. being taught proper med admin for J tube <p>Areas to improve:</p> <ol style="list-style-type: none"> 1. Charting 2. Dressing changes 3. I&O <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. give meds through J-tube 2. dressing change for chest tube 3. managing drains so pt can walk around. 	<p>Date/Initial =Student =Preceptor</p> <p>Date: <u>8/25/24</u></p> <p><u>A. Zamarripa</u> Student</p> <hr/> <p><u>JA</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> 1. watching bedside trach 2. output for chest tub 3. Setup tube feeding <p>Areas to improve:</p> <ol style="list-style-type: none"> 1. Sterile technique 2. Chest Tubes 3. Wound vac's <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. Setup tube feeding 2. measured output chest tube 3. bedside trach 	<p>Date/Initial =Student =Preceptor</p> <p>Date: <u>8/26/24</u></p> <p><u>A. Zamarripa</u> Student</p> <hr/> <p><u>JA</u> Preceptor</p>

<p>Highlights:</p> <ol style="list-style-type: none"> Chest tube removal Suctioning a trach giving IM med <p>Areas to improve:</p> <ol style="list-style-type: none"> Suctioning Trach Tube Feeding Assessing Drains <p>Skills observed & performed:</p> <ol style="list-style-type: none"> Chest tube removal increase tube feeding suctioning a trach 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 8/29/24 A. Zamarrin Student <u>2A</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> adjusting drip problem shooting Fluxisal <p>Areas to improve:</p> <ol style="list-style-type: none"> Propofol Drip Fentanyl Drip Suctioning <p>Skills observed & performed:</p> <ol style="list-style-type: none"> Fluxisal Narcotic admin Oral care 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 9/1 A. Zamarrin Student <u>JA</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> Wound care documentation explaining care to family drawing blood <p>Areas to improve:</p> <ol style="list-style-type: none"> giving Report prioritizing wound care <p>Skills observed & performed:</p> <ol style="list-style-type: none"> Wound care drawing blood Fluxisal 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 9/2 A. Zamarrin Student <u>2A</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> feeding a pt documenting med education <p>Areas to improve:</p> <ol style="list-style-type: none"> prioritizing Intake + output giving Report <p>Skills observed & performed:</p> <ol style="list-style-type: none"> Intake & output holding med feeding a pt 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 9/15 A. Zamarrin Student <u>2A</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> med pass watching wound care documentation blood transfusion <p>Areas to improve:</p> <ol style="list-style-type: none"> Blood Transfusions Charting Drain + I/O Documentation <p>Skills observed & performed:</p> <ol style="list-style-type: none"> Watching plexex be drained preparing meds prioritization blood transfusion 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 9/19 A. Zamarrin Student <u>JA</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> tube feeding Chemo^{med} admin Chemo precautions <p>Areas to improve:</p> <ol style="list-style-type: none"> Confidence giving Report prioritizing (Improved) <p>Skills observed & performed:</p> <ol style="list-style-type: none"> trach suction Chemo med admin tube feeding 	<p>Date/Initial =Student =Preceptor</p> <hr/> <p>Date: 9/22 A. Zamarrin Student <u>2A</u> Preceptor</p>

Evaluation of Preceptor by Student

Name of Preceptor: Teresa Autry Clinical Unit: LTACH

Please rate your preceptor on each question 1=Never/Poor 2=Seldom/Mediocre 3=Sometimes/Good 4=Often/Very Good 5=Always/Superb	Rating Please circle
Establishes a good learning environment (approachable, nonthreatening, enthusiastic, etc.)	1 2 3 4 (5)
Stimulates me to learn independently	1 2 3 4 (5)
Allows me autonomy appropriate to my level/ experience/ competence	1 2 3 4 (5)
Organizes time to allow for both teaching and care giving	1 2 3 4 (5)
Offers regular feedback (both positive and negative)	1 2 3 4 (5)
Clearly specifies what I am expected to know and do during the training period	1 2 3 4 (5)
Adjusts teaching to my needs (experience, competence, interest, etc.)	1 2 3 4 (5)
Asks questions that promote learning (clarifications, probes, Socratic questions, reflective questions, etc.)	1 2 3 4 (5)
Gives clear explanations/reasons for opinions, advice, or actions	1 2 3 4 (5)
Adjusts teaching to divers settings (bedside, charting, nurses station, etc.)	1 2 3 4 (5)
Coaches me on my clinical/ technical skills (patient history, assessment, procedural, charting)	1 2 3 4 (5)
Incorporates research data and/or practice guidelines into teaching	1 2 3 4 (5)
Teaches diagnostic skills (clinical reasoning, selection/interpretation of tests, etc.)	1 2 3 4 (5)
Teaches effective patient and/or family communication skills	1 2 3 4 (5)
Teaches principles of cost-appropriate care (resource utilization, etc.)	1 2 3 4 (5)

1. What did you like best about your preceptor?

Her honest advice & letting me be independent ~~but~~ ^{by} answering any questions I had. Very welcoming and willing to teach

2. Do you have any suggestions for your preceptor to consider when working with future students?

Giving the student time to make clinical decisions

Student Signature: *Alina Zamarron* Date: 9-22-24