

Benton Coursey Final Clinical Reflection

I think it's safe to say that the last 5 days of my clinical were much better than the first 5 days. Communication with my nurse had improved, as well as communication with my patients. I also got to communicate with the doctor and case management a little bit. I was giving and receiving SBARs, and taking more charge over my patients. I'm a lot more confident than I was before, and it really seems like every day that I'm there is a good day. It did take a lot of working on myself to get to that point though. Communication kind of makes me uncomfortable at times, because I don't always know the right things to say, and I sometimes feel like I'm not as knowledgeable as other nurses. But overall, it did get better. My charting got better too. It was more timely and complete than it was previously, and I was also taking on more patients. I still think it's going to take some getting used to, but it does feel very achievable. I think it's clear that my skills and knowledge are just fine, but communication is the part where I struggle. But it's getting better. I know it's something I'll have to keep working on, but I'm happy with where I ended up at the end of my 10 clinicals.