

# Covenant School of Nursing Reflective Practice

Name: Bryan Villarreal

Instructional Module: C

Date submitted: 9/24/24

Use this template to complete the Reflective Practice documentation. Use only the space provided. Information that is not visible is lost.

<p><b>Step 1 Description</b></p> <p>During my time at the AA meeting I was able to learn so much about what it means to be a addict and how it not only effects the addict but how it also effects people around them.</p>	<p><b>Step 4 Analysis</b></p> <p>some information I could apply to this situation was my knowledge was knowing how the AA recovery process works including the 12 steps of recovery.</p>
<p><b>Step 2 Feelings</b></p> <p>At the beginning I was nervous because I was unsure how people would feel about students listening to their stories, but after we explained our situation we were recieved with open arm by everyone and it made me feel comfortable.</p>	<p><b>Step 5 Conclusion</b></p> <p>in conclusion, being able to experience this was able to give me a different view on addiction. It helped me understand that addiction helped me realise that recovery is a community effort and that it not only affects them but others as well.</p>
<p><b>Step 3 Evaluation</b></p> <p>Although it was difficult, hearing people's stories about how they have been able to recover from addiction was very inspirational and beautiful to hear their testimonies</p>	<p><b>Step 6 Action Plan</b></p> <p>One big thing I was able to take away from this was knowing that apologizing and making amends were 2 completely different things</p>

# PMH CSON Student Community Site Verification Form

## Instructional Module: IM 6

Student Name: \_\_\_\_\_

### Instructor Contact Information:

Annie Harrison - (806) 224-3078

Jaynie Maya - (806) 928-8753

Community Site: SWG Date: 9/4/2024  
Student's Arrival Time: 5:30p Departure Time: 6:30p  
Printed Name of Staff: Lisa James Signature: Lisa James, PhD.

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_  
Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_  
Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_  
Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_  
Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_  
Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_  
Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_  
Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_  
Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_