

## Instructional Module 6: Obstetrics Community Clinical Experience

Community Site: Dr. Blanns Office

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

It was a steady day, I observed women coming in for birth control consults, pregnancy monitoring and follow-ups and STD testing. I was able to assist in taking vital signs for the women that came in as well as witness ultrasounds and use the doppler to locate the fetal heart rate.

2. What was the best/most interesting part of the experience?

I enjoyed watching the ultrasounds for the pregnant women that came in. I was able to observe a total of 3, one for a woman pregnant with twins, another who was early in her pregnancy and another who was close to her delivery date.

3. Is a community nursing position something that you would consider working in? Why or why not?

I feel like I would consider working in a setting such as this one because it is the happier side of pregnancy. Women find out they're pregnant here, get support, show pictures of their born babies in their postpartum follow ups, and be the team these women rely on when in uncertain situations during their pregnancies.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

I feel this site does meet the needs of the community they serve. They have various resources available to all of their clients in different socioeconomic statuses and are kind and understanding for different conditions women may be plagued with. I got to witness a woman with Marfan's syndrome pregnant with her second and she had her first going through this office.

5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

I did witness patient teaching in a situation where a mother with preeclampsia and preexisting hypertension was not compliant with taking her medication postpartum. The nurse and I educated her on the importance of taking her medication and the risks she posed by not taking it. I educated her as well because I felt as a current nurse technician on the neurology floor, we see a lot of patients come in for strokes for being noncompliant with their blood pressure medication until it is too late. I feel patient teaching was adequate especially in that moment, the nurse there has seen what happens when antihypertensives are neglected and I have too and was able to offer my education to the patient as well.

6. Provide examples of care describing *one or more* of the IM6 Student Learning Outcomes.

<b>IM6 Student Learning Outcomes</b>				
<b>Safety &amp; Quality</b>	<b>Clinical Judgment</b>	<b>Patient Centered Care</b>	<b>Professionalism</b>	<b>Communication &amp; Collaboration</b>
<i>Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.</i>	<i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.</i>	<i>Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.</i>	<i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.</i>	<i>Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i>

**Safety & Quality:** I was able to help the mom who was noncompliant with her medications come up with a good plan to ensure through her busy day with her new baby, she was still able to take her medication.

**Clinical Judgment:** I witnessed a mother with Marfans syndrome be counseled on how to safely proceed with her current and any other future pregnancies safely with her condition by the nurse and the doctor.

**Patient Centered Care:** A mother with preexisting type 2 diabetes had experienced a fetal demise with her past pregnancy at 36 weeks. Her mother was present and had a lot of concerns with the current pregnancy and was noticeably worried about the same thing happening. I comforted her and allowed her to share her concerns with me. She is her daughter's only support system so I felt it was necessary to ensure she was taken care of as well for the betterment of the pregnant patient.

**Professionalism:** We had a mother come in who was rude and upset her appointment was a little later due to Dr. Blann having to assist with an emergency delivery at the hospital. I proceeded to be professional to that patient and the other patients who noticed the patient's behavior.

**Communication & Collaboration:** I was able to help counsel a mother with gestational diabetes and the importance of monitoring her sugars with the nurse who was present. We educated her together on the harm it could cause her or her child if she has continuously high blood sugar that often goes unmonitored.

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