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DATE: 09-18-2024

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 1600

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>I felt nervous the entire time even though it might not have been obvious. I was worried that I may not have performed well as I hoped.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I greeted the patient and made sure to verify their personal information. I think I did well in giving them the information they needed.</p>
<p>What areas do you need to develop/improve?</p>	<p>I need to improve my communication skills and build my confidence.</p>
<p>What did you learn today?</p>	<p>Everything we learned from week 1 to 4 refreshed my memory. I also learned the importance of team work in nursing practice.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will apply what I learned by improving my communication with patients. I want to ensure accurate assessments and provide effective interventions.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<ol style="list-style-type: none"> 1. The simulation experience helped me organize my priorities in nursing interventions. This experience reinforced the importance of decision making and implementing safety interventions for patients. 2. I learned how to provide care that involves the family especially when managing a stressful and frightening situation. The simulation encouraged me to communicate clearly with the PT and family. 3. Using SBAR to effectively communicate the patient situation to the healthcare team.