

Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: Tylenol (codeine)

Primary IV fluid and rate: none

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Cholecalciferol	2,000 units PO Daily		Osteoporosis	<ol style="list-style-type: none"> 1. can cause nausea and vomiting so taking it with food may lower the GI upset 2. can cause constipation so please let us know if you're experiencing this so we can administer a laxative 3. let us know if work of breathing increases as it can cause anemia and worsen the symptoms you are already presenting with
diphenhydramine	2% topical cream TID PRN on areas with rash		Anti-itch	<ol style="list-style-type: none"> 1. this can worsen your rash so please report increased reddening or itching 2. be careful to not put affected skin into the sun for long as it can cause photosensitivity and bad sunburns 3. can cause dry skin so make sure to moisturize well to prevent cracking
finasteride	5mg PO		BPH	<ol style="list-style-type: none"> 1. can cause orthostatic hypotension which is where your

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	daily			<p>BP drops when you stand up so take your time and always ask for help before getting up</p> <p>2. can cause prostate cancer so make sure to always get your labs drawn as needed at the doctor</p> <p>3. can cause angioedema which is a swelling under the skin (welts) and is extremely itchy</p>
Fluticasone	50mcg/spray 2 sprays One each nare daily		Nonallergic rhinitis	<p>1.can cause a headache so let us know of the symptom so we can treat it with pain relievers</p> <p>2.can cause vomiting and diarrhea which would mess up your electrolyte imbalance even more and lead to side effects like cramps, confusion, and cardiovascular problems</p> <p>3. can cause bronchitis (a swelling of the airways in the lungs) and worsen your oxygen saturation even more which will lead to you feeling very short of breath and not good</p>
pantoprazole	40 mg PO Daily		GI ulcer prevention	<p>1. flu-like symptoms, followed by a painful rash that spreads and blisters can be a symptoms of Steven's Johnson symptom</p>

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				<p>caused by this medication and if it happens, this drugs and others like this need to be avoided so it doesn't happen again</p> <p>2. can cause tubulointerstitial nephritis which increases inflammation in the kidneys and can worsen your AKI so watch for blood in the urine, fever, and weight gain of more than 2lbs in 24 hours</p> <p>3. can cause nausea and vomiting so taking it with food may lower the GI upset</p>
quetiapine	25 mg PO BID		agitation	<p>1. can cause nausea and vomiting so taking it with food may lower the GI upset</p> <p>2. can cause orthostatic hypotension which is where your BP drops when you stand up so take your time and always ask for help before getting up</p> <p>3. can cause extrapyramidal syndrome which can cause parkinsonian type tremors and increase unsteadiness</p>

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tamsulosin	0.4 mg PO Daily, after breakfast		BPH	<ol style="list-style-type: none">1. take thirty minutes after a meal to increase the benefits of the medication when trying to urinate2. flu-like symptoms, followed by a painful rash that spreads and blisters can be a symptoms of Steven's Johnson symptom caused by this medication and if it happens, this drugs and others like this need to be avoided so it doesn't happen again3. can cause an erection lasting longer than 3 hours which is a medical emergency due to blood loss to the penis
tramadol	50 mg PO Q8 PRN		Pain relief	<ol style="list-style-type: none">1. can cause respiratory depression so make sure to not crush, break, or chew extended release versions as it is life threatening2. can worsen hyponatremia and cause n/v, respiratory failure, and even seizures3. can worsen the itching you already have, so let us know if the feeling increases

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Potassium chloride	20 mEq PO daily		Dietary supplement and hypokalemia treatment	<ol style="list-style-type: none">1. can cause nausea and vomiting so taking it with food may lower the GI upset2. can have a 180 on the system and cause hyperkalemia with symptoms of heart palpitations, shortness of breath, chest pain, nausea, or vomiting so let us know if you are feeling these as it does need to be addressed3. can cause hyponatremia (low sodium) which can cause n/v, confusion, loss of consciousness, and even seizures, so let us know because it needs to be addressed to prevent complications
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Medication reference: epocrates