

Student Name: Janice Baloba

Outpatient Preparation Worksheet - OB Simulation

This section is to be completed prior to Sim Day 1:

Patient initials: <u>CW</u>			Date of Admission: <u>09-17-2024</u>					
EDD: <u>08/10/24</u>	Gest. Age <u>38 2/7 weeks</u>	G <u>3</u>	P <u>2</u>	T	PT	AB	L <u>1</u>	M
Blood Type / Rh: <u>O-</u>		Rubella Status: <u>Immune</u>				GBS Status: <u>Negative</u>		
Complication with this or Previous Pregnancies: <u>Pre eclampsia (1st pregnancy) Stillborn (2nd)</u>								
Chronic Health Conditions:								
Allergies: <u>Morphine</u>								
Current Medications: <u>Prenatal vitamins, Insulin Nova log, Sudafed, Acetamenophen</u>								
Patient Reported Concern Requiring Outpatient Evaluation: <u>Decreased Fetal Movement</u>								
What PRIORITY assessment do you plan based on the patient's reported concern? <u>FHR, Ultrasound, Maternal Fetal Kick counts</u>								

Pharmacology

Review patient home medications and any drug(s) ordered for the outpatient.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/Nursing Responsibilities
<u>Prenatal vitamins</u>		<u>Provides essential nutrient that support healthy pregnancy</u>	<u>Nausea, Constipation Dark stools</u>	<u>Educate PT about stool color is expected Take it with vit. C Drink plenty of water</u>
<u>Insulin Novo log</u>		<u>Fast acting insulin used to lower blood sugar.</u>	<u>low blood sugar Weight gain Injection site reaction</u>	<u>Monitor sugar regularly Ensuring proper dosage + technique admin Recognize sign of hypoglycemia</u>
<u>Acetamenophen</u>		<u>Reduce pain</u>	<u>Nausea, Rash high dosage long term liver damage</u>	<u>Ensure correct dosage Evaluate liver function</u>
<u>Sudafed</u>		<u>narrowing blood vessels in nasal passages. Helps with congestion</u>	<u>Insomnia, Dry mouth Dizziness</u>	<u>Take it in the morning. Drink plenty of fluid.</u>

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Pathophysiology

Interpreting clinical data - state the pathophysiology of the reported problem in your own words. Make sure to include both the maternal and fetal implications

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
Decreased fetal movement	Reduced fetal movement might be a sign that the baby is not getting enough oxygen or nutrients.
Fetal/Newborn Implications	Pathophysiology of Fetal/Newborn Implications
Fetal distress, IUGR, ↑ risk stillbirth	Impaired oxygen and nutrient delivery due to placental insufficiency leading to reduced fetal activity.

Problem Recognition

Based on the patient's reported concern, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/Complication	Worst Possible Fetal/Complication
Identify the most likely and worst possible complications.	Pre eclampsia	Eclampsia	IUGR	Still birth
What assessments are needed to identify complications early?	Blood pressure ✓ Urine and blood test	BP monitoring Urine Analysis Neuro assessment Edema, Lab test	Ultrasound scan Fundal height FMM	FHR, Kick counts Ultrasound BPP
What nursing interventions will the nurse implement if the complication develops?	Monitor VS Medication Monitor FHR Educate PT	Administer MgSO4 Monitor VS, DTRs Maintain airway Safety	Frequent monitoring Ultrasound Education / support Possible early delivery	Emotional support Assist labor induction PT education Documentation Postpartum care

Nursing Management of Care

Identify the nursing priority after interpreting clinical data collected for this outpatient evaluation.

List three priority nursing assessment/interventions specific to the patient concern. Include a rational and expected outcome for each.

Nursing Priority	NST, Ultrasound, evaluate fetal well being & ensure safety for both mom & baby	
Goal/Outcome	fetus is healthy & active	
Priority Assessment/Intervention(s)	Rationale	Expected Outcome
1. NST 2. Ultrasound 3. Fetal Kick count	<ol style="list-style-type: none"> Evaluate fetal heart rate patterns in response to fetal movement Provide visual info about fetal movement help assess fetal activity levels and detect any decrease which could indicate potential issue 	<ol style="list-style-type: none"> Test show a reactive in pattern w/ at least 2 acceleration of fetal Reveals normal fetal movement healthy and no immediate concern Mom reports normal number of fetal movements

