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DATE: 9/13/24

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 1600

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt nervous because the switching of the mag. & oxytocin threw me off & I felt like I didn't do very good. After Mrs. Kees made me feel like I did a good job.
What did you already know and do well as you provided patient care?	I knew how to act calm in stressful situations, I knew what to do for high magnesium & for late decelerations.
What areas do you need to develop/improve?	I need to improve my knowledge on medications and acknowledging family members more.
What did you learn today?	I learned to always check others nurses medications, I learned how to know when Placenta Previa is happening & what to do for it.
How will you apply what was learned to improve patient care?	I will include patients and family members in their care. I will know how how to decrease pain in certain OB situations.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none"> 1. Patient centered care: I learned how to include family in activities to help the patient to not have turn as nervous 2. Safety & quality: learned to always check work due to mag. & oxy being switched & always to report safety hazards like that. 3. Communication & collab: Communicated with dad that Pt had mag. toxicity & with Pt that her dad knew she was pregnant & she would be okay.