

Pediatric ED Reflection Questions

1. What types of patients (diagnoses) did you see in the PED?

15 y/o who tested COVID positive, 13 y/o with hyperplastic right heart syndrome, and a 2 y/o with bronchiolitis

2. The majority of the patients who came into the PED were from which age group? Was this what you expected?

Toddler, school-age and adolescence. I was expecting this.

3. Was your overall experience different than what you expected? Please give examples.

I had a great experience, I did not know what I would be going into, but I had a feeling I would be seeing allergy signs/symptoms due to the time of the year as well as covid. I was not expecting to be able to hear a heart murmur, and that was very interesting to hear.

4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)?

For my 2 y/o in the toddler stage, she was able to walk around the room, and was full of energy. She is in the Autonomy vs Shame and Doubt for Eriksons- this was observed by telling her mom "no" when mom asked if she wanted to sit on moms lap.

5. What types of procedures did you observe or assist with?

I was able to observe an EKG on my 13 y/o patient.

6. What community acquired diseases are trending currently?

COVID-19 and strep

7. What community mental health trends are being seen in the pediatric population?

Anxiety and depression. My 13 y/o patient was showing signs of anxiety while in the treatment room.

8. How does the staff debrief after a traumatic event? Why is debriefing important?

Not observed

9. What is the process for triaging patients in the PED?

The more critical patients are seen first.

10. What role does the Child Life Specialist play in the PED?

They are used to decrease the fear of being in an unfamiliar place with unfamiliar people. One of the patients in the ED had to go to radiology, so the Child Life Specialist brought the young child a teddy bear and explained the procedure on the object to make her feel more comfortable.