

Instructional Module 6: Obstetrics Community Clinical Experience

Community Site: Parkridge Pregnancy Center

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

During the day I observed STD testing, one limited ultrasound scan, a lot of different forms of patient education, and various urine pregnancy tests. The staff allowed me to observe all patients as long as they were comfortable, and fortunately enough all the patients allowed me to stay.

2. What was the best/most interesting part of the experience?

The most interesting part to me was learning the clinic's values and goals. When I arrived, they gave me a tour and explained what their day looks like. They offer many services, and their resources are primarily free or low cost. Their primary goal is to educate and ensure all moms receive proper care from a provider and other supportive measures they may need during pregnancy. Signing up for Medicaid, list of providers, car seat assistance programs, transportation programs, aid in food, clothing, and shelter, and education/support for patients who may want to look into abortion as an option. The best part of their clinic is they have patient advocates on site that can help these moms and they are all volunteer base.

3. Is a community nursing position something that you would consider working in? Why or why not?

I think early on in my career it's not something I would do but I could definitely see myself working in a community clinic after I finish my experience in bed side care. I has always wanted to help the community so I could see myself volunteering my time there but not being hired as staff.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

They do fit the needs of the population they serve. The staff at the clinic is really good at following up with their patients ensuring they have obtained all the help they need if not they will schedule them to come in again and discuss what they need or can send through texts an immense number of resources and steps the patient can take to obtain these vital resources. It is free of costs to moms and anyone who comes in for STI/STD testing if positive they can provide them with free treatment as they have a partnership with Grace Clinic and the medication is all donated.

5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

I did witness great patient teaching at this clinic. To the women who were pregnant based on their past medical history they were educated and provided with the importance of prenatal vitamins, warning signs, how to start looking for physicians, and if they were interested in other methods, the risks and benefit from those decisions, they allowed the patient to feel safe and ask all the questions they may have. With STI/STD they educated on safe sex and importance of treatment, when to call the doctor, and follow up recommendations. The teachings were adequate not only was the education verbal, the nurses asked clients questions to ensure patients were understanding, provided handouts, and texted them with links.

6. Provide examples of care describing one or more of the IM6 Student Learning Outcomes.

IM6 Student Learning Outcomes				
Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
<i>Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.</i>	<i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.</i>	<i>Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.</i>	<i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.</i>	<i>Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i>

Safety & Quality: Ensured clients had a plan and if assistance was needed, they were provided with Medicare forms, list of physicians/midwives and created a plan with the mother dependent on her questionnaire to see if they had family support and financial support.

Clinical Judgment: Used patient education from credible resources and printed out items to help the mother of the baby learn how to stop smoking and the harm it causes if not stopped. While doing so refrained from judgement, the mom was already embarrassed to bring it up since she felt guilty.

Patient Centered Care: Providing a patient advocate who works as a case manager to help the patient ease the anxiety of finding resources when they were not expecting a baby. They also provide counseling to help transitioning into this new life.

Professionalism: The nurses refrained from judgement and gossiping about patients after difficult appointments or scenarios. Unlike some clinics I have experienced it was nice to see that. They also shared education and advocated for each clients needs.

Communication & Collaboration: They not only spoke with their patients face to face but also would contact them via texts and worked directly with patients to create treatment plans. No appointment was rushed to get to the next one, they listened to the clients and utilized therapeutic communication to ease any stress they felt in the moment.