

## IM6 Critical Thinking Worksheet

Student Name: Lauren Dane	<b>Nursing Intervention #1:</b> Fundal massage	Date: 9/4/24
<b>Priority Nursing Problem:</b>  <b>Postpartum Hemorrhage prevention</b>	<i>Evidence Based Practice:</i>  Fundal massage will help the uterus contract to shrink and prevent hemorrhage.	<b>Patient Teaching (specific to Nursing Diagnosis):</b>  1. Notify RN if you soak through more than 2 perineal pads in 15 minutes.  2. Notify RN if you experience intense uterine cramping or notice large clots expelling from vagina.  3. Notify if you experience lightheadedness or dizziness
<b>Related to (r/t):</b>  High risk for PP hemorrhage  <b>As Evidenced by (aeb):</b>  Pt is multigravida, G5 P5, which increases her risk of hemorrhage since her uterus cannot contract the way it was able to her first few pregnancies. She also had an LGA baby.	<b>Nursing Intervention #2:</b>  Administration of oxytocin	
<b>Desired Patient Outcome (SMART goal):</b>  <b>No postpartum hemorrhaging, prevention of hypovolemic shock and even death.</b>	<b>Nursing Intervention #3:</b>  <b>Frequent fundal assessments</b>  <i>Evidence Based Practice:</i> <b>Assessing the fundus will let us know if she is contracting the way she needs to. If it's boggy, we know we need to massage it. We're also able to monitor the amount of bleeding,</b>	<b>Discharge Planning/Community Resources:</b>  1. Follow up with OB/GYN for routine PP visit. 2. Monitor bleeding by using pads, and AVOID using tampons 3. Consult Planned Parenthood of Lubbock for contraception

Student Name:  
Date: