

## Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
N/A, no primary fluid running	Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/>	N/A, no IVF running	N/A, no lab values or IVF	N/A, no complications or IVF fluid running

<b>Student Name:</b> Shayla Brown		<b>Unit:</b> TTUHSC		<b>Patient Initials:</b> ID		<b>Date:</b> 09/02/2024		<b>Allergies:</b> NKDA	
Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration  IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)		
Hydroxyzine pamoate	Antihistamine	Anxiety	25mg PO PRN q6	Yes, this is the correct dose.	N/A taken PO	can cause seizures, severe dizziness, and fainting.	1. Can induce heart problems if taken with beta blockers or other heart medications 2. Report skin rash that forms white and yellow pustules 3. Reports instances of sudden drowsiness that persists 4. Report allergy of cetirizine (Zyrtec) or levocetirizine (Xyzal)		
lorazepam	Benzodiazepine	Alcohol withdrawal / anxiety	1-2 mg PO PRN q4 hours	Yes, this is the correct dose	N/A taken PO	can cause vision changes, dark urine and extreme dizziness.	1. Ensure this medication is stored away safely to avoid it from being stolen. 2. Do not drink alcohol with this medication, can cause respiratory failure 3. Pts will get blood panels done to evaluate blood count and liver function 4. Pts should report the use of antidepressants, antipsychotics, and herbal products		

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haldol	antipsychotic	for psychotic symptoms/agitation	10 mg IM PRN q8	Yes, this is the correct dose	N/A given IM injection	painful muscle spasms in the neck, feeling of pounding heartbeat	<ol style="list-style-type: none"> <li>1. Pts with Parkinson's disease are contraindicated in use with this medication</li> <li>2. Pts should monitor BP as it can cause severe hypotension</li> <li>3. Evaluate pts blood levels prior to administering medication.</li> <li>4. Pts with a past medical history of Long QT are contraindicated to use this medication</li> </ol>
diphenhydramine	antihistamine	management of cholinergic effects of antipsychotic	50 mg IM q8 PRN psychotic symptoms	Yes, this is the correct dose	N/A given IM injection	drowsiness, dry mouth, blurred vision, constipation	<ol style="list-style-type: none"> <li>1. Pt should avoid driving or operating heavy machinery</li> <li>2. Pt should increase fluid intake and fiber to prevent constipation</li> <li>3. Monitor for signs of sedation, especially in elderly patients.</li> <li>4. Educate the patient on avoiding alcohol and other CNS depressants while taking this medication.</li> </ol>
acetaminophen	Analgesic/antipyretic	Mild-moderate pain	500 mg PO q6 for pain of 1-4 on pain scale	Yes, this is the correct dose	N/A given PO	Hepatotoxicity, Rash, Nausea	<ol style="list-style-type: none"> <li>1. Do not exceed the recommended daily dose to avoid liver damage</li> <li>2. Read labels on OTC products to avoid overdose, acetaminophen is a common ingredient in many medications.</li> <li>3. Assess ALT and AST before administering</li> </ol>

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							4. Instruct patients to avoid alcohol, which can increase the risk of liver damage.
olanzapine	antipsychotic	Agitation/psychotic behavior	5 mg PO q6 for agitation	Yes, this is the correct dose	N/A given PO	weight gain, drowsiness, hyperglycemia, orthostatic hypotension	<ol style="list-style-type: none"> <li>1. Monitor weight regularly and encourage pts to adopt a healthy diet and exercise routine</li> <li>2. Get regular blood glucose checks, especially if they have risk factors for diabetes</li> <li>3. Educate the patient about the risk of orthostatic hypotension and instruct them to rise slowly from sitting or lying positions</li> <li>4. Monitor A1C levels to ensure diabetes does not develop</li> </ol>
ibuprofen	NSAID	Mild-moderate pain	400 mg PO q6 for pain of 1-4 on pain scale	Yes, this is the correct dose	N/A given PO	GI bleeding, renal impairment, hypertension	<ol style="list-style-type: none"> <li>1. Take with food or milk to reduce the risk of gastrointestinal upset.</li> <li>2. Stay hydrated and avoid taking other NSAIDs concurrently</li> <li>3. Monitor for signs of gastrointestinal bleeding, such as black tarry stools.</li> <li>4. Assess renal function, especially in patients with preexisting kidney conditions</li> </ol>
risperdal	antipsychotic	Psychotic behavior/bipolar mania	1 mg tablet PO BID	Yes, this is the correct dose	N/A given PO	Extrapyramidal symptoms, weight gain, hyperprolactinemia	<ol style="list-style-type: none"> <li>1. Report any signs of involuntary movements (tremors, rigidity) to the healthcare provider.</li> <li>2. educate pts on possible weight gain and dietary and exercise to manage it</li> <li>3. Monitor for and manage symptoms of EPS.</li> </ol>

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							4. Educate patients on the importance of routine follow up appointments to monitor for adverse effects.
Nicotine patch	Stimulant	Nicotine replacement	21 mg transdermal patch daily	Yes, this is the correct dose	N/A given as a patch	Skin irritation at the application site, Sleep disturbances, Increased heart rate	<ol style="list-style-type: none"> <li>1. Rotate the patch site daily to prevent skin irritation.</li> <li>2. Remove the patch before bedtime if vivid dreams occur</li> <li>3. Assess the skin regularly for signs of irritation.</li> <li>4. Monitor the patient's heart rate and blood pressure, especially in those with cardiovascular issues.</li> </ol>
ziprasidone	antipsychotic	Psychotic behavior/bipolar disorder/manic	40 mg PO BID	Yes, this is the correct dose	N/A given PO	QT prolongation, drowsiness, weight gain	<ol style="list-style-type: none"> <li>1. Take the medication with food to improve absorption</li> <li>2. Report any symptoms of heart irregularities, such as palpitations or dizziness.</li> <li>3. Perform regular EKGs to monitor for QT prolongation</li> <li>4. Monitor the patient's weight and encourage a balanced diet and regular exercise.</li> </ol>
prazosin	Alpha-blocker	Nightmares	1 mg PO QHS	Yes, this is the correct dose	N/A given PO	orthostatic hypotension, dizziness, reflex tachycardia	<ol style="list-style-type: none"> <li>1. Rise slowly from sitting or lying positions to reduce the risk of dizziness and fainting.</li> <li>2. Take the first dose at bedtime to minimize the risk of dizziness.</li> </ol>

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							3. Monitor blood pressure, especially after the first dose and during dose adjustments. 4. Educate the patient on the signs of low blood pressure and what to do if they experience them
Nicotine inhaler	Stimulant	Nicotine replacement	10 mg cartridge for inhalation Q2	Yes, this is the correct dose	N/A given as an inhalant	throat or mouth irritation, cough, hiccups	1. Use the inhaler as directed and avoid inhaling too deeply to minimize throat irritation 2. taper off use according to the prescribed schedule to avoid nicotine dependence. 3. Assess for proper inhaler use and provide guidance if needed 4. Monitor for signs of nicotine overdose, such as nausea, dizziness, or rapid heart rate
Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Yes, this is the correct dose	Click here to enter text.	Click here to enter text.	1. Click here to enter text. 2. Click here to enter text. 3. Click here to enter text. 4. Click here to enter text.
Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Choose an item.  Click here to enter text.	Click here to enter text.	Click here to enter text.	1. Click here to enter text. 2. Click here to enter text. 3. Click here to enter text. 4. Click here to enter text.

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