

Clinical Reflection: Neuro ICU Experience

During my time in the Neuro ICU, I focused on building essential skills for critical care. The nurses were supportive, helping me learn how to prioritize tasks, administer medications, and document patient assessments with more confidence.

I was involved in a rapid response and a code blue, where we achieved ROSC. I also cared for patients post-extubation, post-aneurysm surgery, and managed a stroke patient with memory and personality changes. These situations allowed me to recognize how important it is to work well with the team and make quick decisions.

One concern I had was noticing that some of the nurses weren't following proper catheter care procedures, which I recognized as an area that needs improvement for better infection prevention. Going forward, I plan to keep improving my knowledge of medications, work on my time management, and get more comfortable with assessments. This experience has helped me feel more confident in critical care and I look forward to learning so much more in my remaining 7 shifts.

I'll apply these skills as I finish my preceptorship and work toward a future career as an emergency nurse.

Makenna Awtry