

Covenant School of Nursing Reflective Practice

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Instructional Module: 8.

Date submitted: 09/01/2024.

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<p>Step 1 Description</p> <p>- I am assigned to work with an experienced Nurse in CICU for my preceptorship. I'm here to experience how a 12 hours shift feels like. And the Daily routine of CICU unit.</p>	<p>Step 4 Analysis</p> <p>- A 12 shift preceptorship is the first time we really get to know a floor/unit. The previous clinical we always rotate to different site from week to week. And we were busy doing the chart and paper work needed to be done. I really learned a lot from my preceptor.</p>
<p>Step 2 Feelings</p> <p>- I am suprised the CICU unit is actually a good floor. All the staff have good bonding and will help each other for any task. There are many tasks needed to complete but it's not in a stressful pace. Nurses will check with each other if others need help. I really like the work environment.</p>	<p>Step 5 Conclusion</p> <p>- Each day in CICU is a bit different. I've seen pt needed a cardioversion. I went down to cath lab to see a patient do a stents. I helped transferring patient and discharge them. I think I got a really good picture of CICU. And I hope I can start my nursing career here if they have a spot.</p>
<p>Step 3 Evaluation</p> <p>I can see myself getting familiar with nursing tasks. After 3 months summer break, some skills already rusty. And I find out I can recognized more medications on eMAR and see more critical judgment from Nurses when to hold meds when to give PRN meds.</p>	<p>Step 6 Action Plan</p>