

Reflection 1

My first day at LTACH I was very nervous, as I think it would be normal to be a little bit nervous at this time. It wasn't a new unit to me because I had been there before 2 or 3 times when I was on orientation for a nurse tech, so I was familiar with the charge nurses and the layout of the unit, and where everything was on the unit. I got very close with my preceptor as she is one of the best nurses to learn from. She is very educated and loves to spread her knowledge to me and I am very thankful I got placed with her. My preceptor makes sure I am comfortable giving meds or doing any kind of procedure with the patient before, and I like that I am asked if I am comfortable doing so even if it is my first time doing something new, or it is my 10th time doing it. I have completed 4 shifts so far, and they have all been very educational, and I have learned something new every day, whether it was small or big. I can't wait to see what the remaining 6 shifts hold for me.

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