

## Description

- I was at oceans clinic and it happened on Tuesday and Wednesday of this week.
- We were getting to know the psych patients and how that clinic was ran
- We got to follow them outside when they went on smoke breaks
- We got to do assessments on them
- And we got to ask them about their personal life

## Feelings

- I felt nervous at the beginning because I've never been to a clinic like that before
- I was thinking it was very strange and unorthodox at the time
- The event made me happy though to get to know the patients better.
- My most important emotion is that I felt grateful for the experience.

## Evaluation

- What was good about the event is that it was a new experience
- It was a great experience
- It was also a challenging experience
- I interacted with the patients well
- So did my clinical partner he interacted and engaged in conversation with the patients well

## Analysis

- I applied therapeutic communication to the patients
- I think people had similar experiences with the patients
- The patients all had a good time they were talkative and attended their group therapies
- The patients got along with the students and staff well
- The nurses treated the patients well too that's another part that I like.

## Conclusion

- I could have talked to the patients more and dove deeper into their life
- The situation was fine I don't think it needed any improvement
- I hope they continue to use oceans as a clinical site for the upcoming modules
- The staff is great and it was an amazing learning environment
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## Action Plan

- I think the situation was a great experience overall.
- I conclude that the clinic is a great experience and a good resource for psych patients
- I can apply these learnings for my future clinical experiences.
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