

## Adult/Geriatric Medication Worksheet - Current Medications & PRN from 0700-1400 current day

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Apixaban (Eliquis)	2.5 mg PO BID		Anticoagulant (Helps to prevent blood clots)	<ol style="list-style-type: none"> <li>1. Do not stop taking this medication unless doctor tells you. Stopping suddenly can increase your risk of blood clot or stroke.</li> <li>2. This medication may cause urine that looks red, pink, or brown; or may cause black or bloody stools.</li> <li>3. May be crushed and mixed with water or apple juice or apple sauce.</li> <li>4. This medication can make it easier for you to bleed, even from minor injury. Seek medical attention if you have bleeding that will not stop.</li> <li>5. Watch for easy bruising unusual bleeding, bleeding from wounds or needle injections, any bleeding that will not stop.</li> </ol>
Azithromycin (Zithromax) (Z-pak)	500 mg tab PO daily		Bacterial Antibiotic (Antibiotic that fights against bacteria: resp. infections, skin infections, ear/eye infections, STD's)	<ol style="list-style-type: none"> <li>1. Do not skip doses as this may increase your risk of further infection that is resistant to antibiotics.</li> <li>2. Do not take antacids that contain aluminum or magnesium within 2 hours before or after you take Azithromycin. They make this med less effective.</li> </ol>

## Adult/Geriatric Medication Worksheet - Current Medications & PRN from 0700-1400 current day

				<p>3. Avoid exposure to sunlight/tanning beds because this med can make you sunburn more easily. Wear SPF 30 or higher and protective clothing</p> <p>4.If you have diarrhea that is watery or bloody call doctor, because this may be a sign of a new infection.</p>
Diltiazem (Cardizem)	120 mg PO Daily		<p>Calcium-channel blocker, Group IV antiarrhythmics (Relaxes the blood vessels so the heart does not have to pump as hard while increasing the supply of blood and oxygen to the heart)</p>	<p>1.While on this medication, check blood pressure and liver function.</p> <p>2.If you have high blood pressure, keep using this medicine even if you feel well. High blood pressure often has no symptoms.</p> <p>3.Avoid drinking alcohol and avoid taking St. John's Wort.</p> <p>4.Avoid getting up too fast from a sitting or lying position, or you may feel dizzy.</p> <p>Avoid driving/hazardous activity until you know how this medication affects you.</p>
Docusate Sodium (Colace / Ex-Lax Stool softener)	100 mg cap BID PO		<p>Stool softener (Makes bowel movements softer and easier to pass helps to relieve occasional constipation)</p>	<p>1.Stop Docusate and call doctor at once if: you have rectal bleeding, no bowel movement occurs after using a laxative, you need to use a stool softener for more than 1 week, or rash occurs.</p> <p>2.Drink plenty of liquids while using this med.</p> <p>3.Call doctor if your symptoms do</p>

## Adult/Geriatric Medication Worksheet - Current Medications & PRN from 0700-1400 current day

				not improve after 72 hours. 4.Do not use Docusate for longer than 1 week.
Glimepride (Amaryl)	2 mg tab BID before meds PO		Sulfonylureas (Oral diabetes medicine that is used with diet & exercise to improve blood sugar control in adults with type 2 DM)	<ol style="list-style-type: none"> <li>1.Call doctor if you have pale/yellowed skin, dark colored urine.</li> <li>2. Take before meal and drink a full glass of water.</li> <li>3.Check blood sugar often. (especially low blood sugar)Look for symptoms: very hungry, dizzy, irritable, confused, anxious, or shaky and prepare to treat it quickly with fast acting source of sugar.</li> <li>4.Avoid drinking alcohol because it lowers blood sugar Avoid exposure to sunlight and tanning beds this med will make you sunburn more easily.</li> </ol>
Levothyroxine (Synthroid)	25 mg tab PO Daily before breakfast		Thyroid drug - Hormone (Treats hypothyroidism. It works by replacing thyroid hormone which is normally produced by the body)	<ol style="list-style-type: none"> <li>1.Take at least 30-60 minutes before breakfast with a full glass of water.</li> <li>2.Take this med at the same time each day.</li> <li>3.Avoid taking this med with grapefruit juice, walnuts, and high fiber foods, because they will decrease the effectiveness of med.</li> <li>4.Do not take with any other weight-loss medications</li> </ol>

## Adult/Geriatric Medication Worksheet - Current Medications & PRN from 0700-1400 current day

				Caution if wheezing, N/V or diarrhea.
Metoprolol (Toprol XL)	25mg ER tab PO Daily		Cardioselective Beta Blocker Antihypertensive (treat high blood pressure & angina it	<ol style="list-style-type: none"> <li>1. Caution because this med may make it more difficult to tell when you have LOW blood sugar.</li> <li>2. Take this med with a meal or just after a meal &amp; at the same time each day.</li> <li>3. Swallow whole and do not crush, chew, or break,</li> <li>4. Do not stop taking this med suddenly or it may make your condition worse.</li> </ol> <p>If you have high blood pressure, keep using Metoprolol even if you feel well. High blood pressure often has no symptoms.</p>
Megestrol Acetate (Megace ES)	200 mg Sus PO BID		Hormone (man-made chemical similar to female hormone progesterone to treat loss of appetite - anorexia)	<ol style="list-style-type: none"> <li>1. When you stop this med you may have withdrawal symptoms such as N/V or dizziness, or weakness.</li> <li>2. Ask your doctor how to safely stop this med.</li> <li>3. Your dosage may change if you have surgery, are ill, or are under stress or have an infection.</li> <li>4. Do not use Megestrol if you are pregnant.</li> </ol>

**Adult/Geriatric Medication Worksheet - Current Medications & PRN from 0700-1400 current day**

				1. 2. 3. 4.
				1. 2. 3. 4.

Allergies:

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Medication reference: