

Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKA

Primary IV fluid and rate: No IV fluids

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
aspirin	PO 81mg		blood thinner/ pain	<ol style="list-style-type: none"> 1. avoid taking over the counter cold medicine while taking aspirin- most of them contain aspirin which can lead to an accidental overdose 2. STOP taking & call your doctor ASAP if you experience ringing in the ears, hallucinations, black tarry stools- this is a sign of a serious side effect 3. take with full glass of water and food to avoid upset stomach
Atrovastatin	PO 20mg		Lower cholesterol	<ol style="list-style-type: none"> 1. this medication can cause breakdown in muscle tissue which can lead to kidney failure- call HCP right away if you experience unexplained muscle pain, tenderness, dark urine 2. avoid eating foods high in fat or cholesterol- this medication may not be affective if you do not follow cholesterol lowering diet plan 3. avoid grapefruit juice while taking- may cause side effects such as increased blood sugar, liver and kidney injury

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Ceftriaxone	20mL IVP	2g in sterile water 20mL (100mg/mL)	antibiotic	<ol style="list-style-type: none"> 1. take course as prescribed- DO NOT stop taking even if you no longer have symptoms- stopping prior can increase risk of infection & resistance to medication 2. may cause diarrhea which can be a sign of a new infection- if this is the case notify you HCP 3. may affect blood glucose levels- monitor blood glucose level often
Cholecalciferol	50mcg		vitamin D deficiency	<ol style="list-style-type: none"> 1. stop taking if you have side effects of vitamin D overdose- metallic taste in your mouth, chest pain, shortness of breath 2. take with food and glass of water to avoid upset stomach 3. take as prescribed and do not take a second dose to make up for missed dose- can overdose
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Enoxaparin	40mg/0.4mL injection		prevention of blood clots	<ol style="list-style-type: none">1. Notify HCP right away if you experience purple or red spots under skin, nosebleeds or bleeding gums, blood in urine or stool- signs of serious side effects2. may cause easy bruising so avoid doing things that can cause you to hurt yourself3. taking aspirin at the same time as enoxaparin may increase risk of bleeding
Hydrochlorothiazide	25mg		diuretic/ blood pressure	<ol style="list-style-type: none">1. notify HCP ASAP if you experience one going vomiting, diarrhea- can lead to low blood pressure / serious electrolyte imbalances2. blood pressure will need to be checked often- this medication may cause hypotension3. avoid getting up too fast from sitting or laying down- this medication decreased blood pressure and can cause dizziness

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insulin lispro	0-12 units (sliding scale)		type 2 diabetes	<ol style="list-style-type: none"> 1. check blood pressure prior to taking- if blood pressure is not high or not outside of doctors recommended range- HOLD & DO NOT TAKE- may cause HYPOglycemia 2. do not inject into skin that is damaged, tender, bruised, thickened, or has a scar- insulin may not be absorbed properly 3. DO NOT TAKE MORE THAN PRESCRIBED- can cause life threatening hypoglycemia
Levothyroxine	100 mpg		Hypothyroidism	<ol style="list-style-type: none"> 1. may cause high blood sugar- monitor blood sugars often 2. avoid grapefruit juice 1 hour prior to taking- medication may not be as affective 3. do not take a second dose if a dose is missed- may cause overdose
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Metoprolol succinate	25 mg		blood pressure	<ol style="list-style-type: none"> 1. check blood pressure prior to taking- if blood pressure low HOLD medication- may cause hypotension 2. check HR prior to taking- this medication can lower HR- hold if less than 65 3. may affect alertness or coordination- avoid driving or doing activities that require alertness after taking
Valsartan	320 mg		blood pressure	<ol style="list-style-type: none"> 1. check blood pressure prior to taking- will lower blood pressure- hold if blood pressure low because it can cause hypotension 2. go slow when going from sitting or laying position- may cause dizziness 3. do not stop taking even if you feel fine- high blood pressure often has no symptoms

Medication reference:

Mayo clinic

ATI pharmacology textbook

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