

During my clinical rotation at Fire Sky Ranch, we were able to see what it was like to be at a live-in facility for drug and alcohol addiction. After touring the facility, I was honestly impressed with how many activities and distractions were available for the patients during their stay. Initially, I didn't really know what to expect but after my clinical rotation everyone seemed to really want to turn their life around, and the program seemed to be real beneficial for them. The Ranch seemed to be more than big enough to house the 15 people that were currently there, all around the area small groups of guys were hanging out all and having a good time. Watching how the counselors and patients interacted really showed me how much they cared for their wellbeing. After meeting the owners and getting a tour of the place, we were allowed to sit in during their group talk/lecture. During the group talk I was pretty surprised with how everyone volunteered to speak and express their emotions as well as recent issues they've been dealing with in their lives. Prior to this experience I always assumed only "hard drugs" would make someone end up in that position, but in reality alcohol seems to be just as dangerous if you're not careful. The lecture was interesting and I personally enjoyed it, a lot of the things that were said can be used in life outside of just combating drug addiction, for example understanding that other people aren't perfect and that they're also allowed to make mistakes. About 2 to 3 hours into the group talk we were told that dinner was ready, and that we could join them if we'd like. To end of my clinical rotation we had a big group dinner, some of the patients/residents (not sure what they prefer to be called) made chicken and beef fajitas with queso dip which turned out to be amazing. Overall everyone seemed really grateful to be there and I had a great experience visiting Fire Sky Ranch.