Lauren Dane Date: 8/20/24

Instructional Module 6: Obstetrics Community Clinical Experience

Community Site: ____Dr. Blann's Office___

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

During the day, I was able to participate in checking patients in, which entailed manual blood pressures, performing Leopold's and checking fetal heart tones. I was also able to watch a Nexplanon insertion.

2. What was the best/most interesting part of the experience?

The best part of the experience was being able to practice feeling for fetal positioning and learning where to place the doppler in order to hear fetal heart tones. I was able to apply knowledge obtained from week 1 lectures. This helped me gain confidence for future clinicals, like L&D and mom/baby.

3. Is a community nursing position something that you would consider working in? Why or why not?

A community nursing position is something I would most definitely be interested in later on in my nursing career. I want to be able to gain lots of critical knowledge and experience working bedside before I move on to a community position. These positions in the community are important, especially in the obstetrics population, because there are a lot of women and people in this community who are undereducated about pregnancy, like the importance of pre-natal care, and resources for themselves and their unborn baby.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

I do feel like this community site met the needs of the population they serve. Although I was only able to observe AP and PP patients, I was able to observe passionate care from the care providers at Dr. Blann's office. They know their patients well, treat them with dignity, kindness and respect. Dr. Blann cares about the safety and health of both the mom and the baby, and it was evident in the care that I witnessed.

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5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

I witnessed patient teaching on birth control and pre-eclampsia symptoms to watch for and report. I was also able to witness teaching about normal pregnancy symptoms that correlated with the trimester the pregnant woman was in. Most of the symptoms were normal, such as nausea, fatigue, back pain, etc. Generally, the appointments were very quick and there wasn't a whole lot of teaching that took place outside of the things I listed above. However, I do feel like the teaching was appropriate and adequate. Most of the women seen were in their second or third trimester, and it was not their first pregnancy, so they knew what symptoms were normal for them, they understood pre-eclampsia signs to look out for and report, and a lot of them didn't require extra teaching while I was there.

6. Provide examples of care describing *one or more* of the IM6 Student Learning Outcomes.

IM6 Student Learning Outcomes				
Safety & Quality	**Clinical Judgment**	**Patient Centered Care**	**Professionalism**	**Communication & Collaboration**
Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.	*Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.*	*Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.*	*Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.*	*Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.*

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Safety & Quality:

Clinical Judgment:

Patient Centered Care:

An example of this would be Dr. Blann discussing with the patients their birth plan and allowing them to decide how they might want their birth to look, but also discussing with them that it may not turn out exactly how they plan. He included support persons in this discussion as well, making it a family-centered decision. A specific example of this would be allowing the patient to go to term, and then discussing with the patient if induction is safer for the mom and the baby, and the risks of going past term.

Professionalism:

Communication & Collaboration:

One of example of this would be providing birth control options and educating the patient on the importance of birth control postpartum to avoid unplanned pregnancies. This occurred with each patient that was seen in the clinic. There was a patient that was G7P6, and she expressed sadness and stress over her current pregnancy. Dr. Blann and his staff were able to plan for a tubal ligation for this patient, after she delivers her current pregnancy. Tubal ligations are 99% effective in preventing pregnancy, and this will help prevent unplanned pregnancies for this patient in the future. This will also help prevent postpartum blues and depression. This will also help prevent postpartum depression in the future for this patient, as unplanned pregnancies increase your risk of PPD by roughly 20%.

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OB Community Verification Sheet

Instructional Module: IM 6

Student Name: _____

Please call the CSON Instructor(s) should you have any additional comments regarding the student's performance and/or participation today.

Instructor Contact Information:
Donna Neel – Cell (806) 441-5222 or Office (806) 725-8934
Rachel Soliz – Cell (806) 781-0689 or Office (806) 725-8951

Community Site: _____ **Date:** _____

Student's Arrival Time: _____ **Departure Time:** _____

Printed Name of Staff: _____ **Signature:** _____

Community Site: _____ **Date:** _____

Student's Arrival Time: _____ **Departure Time:** _____

Printed Name of Staff: _____ **Signature:** _____

Community Site: _____ **Date:** _____

Student's Arrival Time: _____ **Departure Time:** _____

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Printed Name of Staff: _____ **Signature:** _____

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