

Name: Roger, Sarah	Room: L&D 1
DOB: 01/15/XXXX	23 y/o F
MR # 543675129	
Dr. Presenting Part	

Situation

Chief Complaint / Diagnosis: Pregnancy at 36 weeks, presents to L & D stating, "I think my water broke a couple hours ago".

Background

Allergy: NKDA

Code status: Full

Pertinent Medical History: 23 y/o G 1 P 0, EDC 12/08/XX, 1st pregnancy, prenatal care began at 9 weeks, reporting on pregnancy complications. At the patient's last prenatal visit, the infant was breech. Patient is concerned about having a Cesarean Section. She reports she has been doing exercises the physician recommended several times a day to assist the infant in rotating from the breech position.

Home Medications: Prenatal Vitamins

Pertinent RECENT History: Patient reports she woke up contracting and had a gush of fluid.

Assessment

Current Vital Signs: T 100.2, HR 92, R 18, B/P 134/78, O2 Sat 97% on RA, and FHR 120 with moderate variability, accelerations present.

Vaginal Exam: 3 cm / 90% / -1; Nitrazine positive; leaking clear fluid

Safety Concerns: Risk for falls due to pregnancy.

Pertinent Assessment: 18 gauge IV to the left arm, LR infusing at 125 ml/hr. Uterine Contraction q 3-4 minutes, lasting 60-70 seconds.

Recommendation

Enter room; prioritize care according to subjective and objective data.

- Implement and maintain universal competencies.
- Perform obstetrical nursing assessment.
- Prioritize and implement obstetrical nursing interventions.
- Provide patient teaching related to assessments, interventions, and health promotion.

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Pertinent Lab / Dx test results: Prenatal labs and Admission labs

Lab	Patient	Ref. Range
HIV	Negative	Negative
RPR/VDRL	Negative	Negative
HbsAG	Negative	Negative
Rubella	Immune	Immune
GBS	Negative	Negative
Blood Type & Rh	O Positive	
CBC		
WBC	15.5 H	4.8 - 10.8
RBC	4.6	4.2 - 5.4
Hgb	11.8	12.0 - 16.0
Hct	35.4	37 - 47
Platelets	278	150 - 400
MCV	83	81 - 99
MCH	31	27 - 34
MCHC	32	33 - 36
RDW	12.8	11.5 - 14.5
MPV	8.6	7.4 - 10.4
CMP		
K	4.2	3.5 - 5.2 meq/L
NA	140	136 - 145 meq/L
Cl	100	96 - 106 meq/L
Ca	9.2	8.4 - 10.7 mg/dl
CO2	25	23 - 30 meq/L
Creatine	0.9	0.5 - 1.0 mg/dl
BUN	8	6 - 20 mg/dl
Glucose	104	80 - 110 mg/dl
Albumin	3.8	3.5 - 4.8 g/dl
Total Protein	6.7	6.3 - 8.6 g/dl
Alkaline Phosphatase	28	25 - 100 U/L
ALT	32	7 - 35 U/L
AST	33	10 - 36 U/L
Total Bilirubin	0.5	0.3 - 1.0 mg/dl

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Pre – Op Cesarean Section Orders

Allergies: NKDA

1. **Diagnosis:** Pregnancy at 36 weeks, Breech presentation, SROM and contracting.
2. Fetal Monitoring on admission.
3. IV LR 1000 ml to infuse at 125 ml/hr. with 18 g cath.
4. For Non-Reassuring Fetal Heart Rate Patterns:
 - Change maternal position.
 - Administer a 500 ml LR bolus.
 - Decrease or discontinue oxytocin.
 - Oxygen @ 10L/min via non-rebreathing mask.
 - Terbutaline 0.25 mg (0.25 ml) SQ for Tachysystole or non-reassuring Fetal Heart Rate.
 - Notify physician of FHR pattern, interventions, and response.
5. NPO at Midnight.
6. Notify the following on admission: Anesthesiologist, Pediatrician, NICU/Nursery team.
7. Abdominal clip and prep prior to surgery.
8. Urinary catheter.
9. Cefazolin 1 gram IV on call to the OR.

Physician Signature: **Presenting Part, MD** Date & Time: **Today @ 0600**