

ACEs / Poverty Practice Questions – Unit 2

ACEs Practice Questions

The nurse understands that which categories comprise an ACE score? Select all that apply.

- A. Different types of abuse
- B. Different types of neglect
- C. Positive experiences in early life
- D. Household dysfunction

What are examples of how ACEs may affect a person's health? Select all that apply.

- A. Significant weight loss
- B. Cancer
- C. Heart disease
- D. COPD
- E. Intellectual & developmental delays

Poverty Practice Questions

The Community Health Nurse is participating in a Community Health Initiative on Healthy Eating and Exercise with a poverty level population. What is important for the nurse to remember about families who live in poverty?

- A. What resources they are lacking and what interventions are needed
- B. Where they fall according to the poverty income level to determine needs
- C. What is their BMI to determine eating and exercise practices
- D. Determining if they have hypertension or elevated serum glucose levels

What are some examples of “hidden rules” that are often associated with various socio-economic levels? Select all that apply.

- A. In the middle class, money is to be managed
- B. In the middle class, food quantity is important
- C. With the wealthy, financial, political and social connections are valued
- D. In poverty, quality of food is important
- E. In poverty, survival, relationships and entertainment are valued
- F. With the wealthy, individual style of clothing is valued

Which are examples of mental/cognitive resources? Select all that apply.

- A. The ability to read
- B. Being able to write
- C. Utilizing relaxation techniques
- D. Having computer skills
- E. Family and friends
- F. A school counselor

ACEs Practice Question Answers

The nurse understands that which categories comprise an ACE score? Select all that apply.

- A. Different types of abuse
- B. Different types of neglect
- C. Positive experiences in early life
- D. Household dysfunction

Correct Answers: A, B, and D

What are examples of how ACEs may affect a person's health? Select all that apply.

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- B. Cancer
- C. Heart disease
- D. COPD
- A. Intellectual & developmental delays

Correct Answers: B, C, and D

Poverty Practice Question Answers

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Correct Answer: A

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Correct Answers: A, C, and E

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Correct Answers: A, B, and D