

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 2359 Sunday the following week of lecture topics.

Grading: Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI clinical skills and case studies are **HIGHLY RECOMMENDED** to be completed **prior** to their corresponding lecture.
- HESI OB and PMH adaptive open book quizzes 1-4 will account for 3% of your total grade.
- Progression to the next module requires completion of all assigned work.

Weekly Topics and Required Reading	Highly Recommended HESI Clinical Skills	Highly Recommended HESI Case Studies	# Exam Questions
WEEK 1			
<p>Antepartum Nursing and Antepartum Testing / Soliz - Required Reading:</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Antepartum Nursing Care & Testing: pgs. 201-211 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., McKinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 6 Adaptations to Pregnancy: pgs. 95-119 Ch. 7 Antepartum Assessment, Care and Education: pgs. 122-135, Ch. 9: Prenatal Diagnostic Testing: pgs. 184-201 Ch. 11 The Childbearing Family with Special Needs pgs. 269-276 • Tables: “Signs of Possible Pregnancy Complications” pg. 138, “When to go to Hospital or Birth Center” Rh Incompatibility Pgs. 235-236 pg. 387, 15.1 Leopold’s Maneuvers pg. 396, 8.1 Recommended Wt. Gain pg. 147; 8. 2 & 8.3 Nutrition for Childbearing pg. 149 	<p>Antepartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Admission Assessment: Obstetric Patient • Biophysical Profile • Leopold’s Maneuvers <p>Intrapartum Nursing Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Laboring Patients: Nursing Care • Rho (D) Immune Globulin 		16-18
<p>Electronic Fetal monitoring / Neel - Required Reading</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Electronic Fetal Monitoring pgs. 211-216 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 14 Intrapartum Fetal Surveillance pgs. 350-383 	<p>Electronic Fetal Monitoring Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Fetal Heart Rate: Interpretation 		9-11
<p>Intrapartum Nursing / Neel - Required Reading: Required Reading</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Intrapartum Nursing Care, Initial Exam, Stages of Labor, Labor with Analgesia or Anesthesia, Regional Block Anesthesia pgs. 216-227 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 12 Processes of Birth; Ch. 13 Pain Management During Childbirth; Ch. 15-Nursing Care During Labor and Birth 	<p>Intrapartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Artificial Rupture of Membranes • Epidural Catheter Insertion • Oxytocin • Vaginal Delivery 		22-24

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Postpartum Nursing / Soliz - Required Reading: Required Reading: <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Postpartum Nursing Care: pgs. 227-231 Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Rh Incompatibility Postpartum Mgmt pgs. 234-235, Ch. 11 Adoption pg. 289 and Postpartum Depression pgs. 290-293, Ch. 17 Postpartum Adaptation and Nursing Care pgs. 469-501, Ch. 18 Postpartum Maternal Complications pgs. 505-523, Ch 23. Infant Feeding pgs. 643-666 	Postpartum Maternal Newborn Collection <ul style="list-style-type: none"> • Assessment: Postpartum Patients • Breastfeeding Education • Cesarean Delivery: Recovery Care 	<ul style="list-style-type: none"> • Postpartum 	<p style="text-align: center;">14-6</p>
OB HESI Adaptive open book Quiz # 1 Due 08/18/24 @ 2359	EXAM 1 - 08/19/24 - 0800-1100		
WEEK 2			
Current Theories & Practice / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Current Theories Mental Health Collection <ul style="list-style-type: none"> • Elopement 		<p style="text-align: center;">9-11</p>
PMH Legal/Ethical Issues / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Abuse & Neglect Mental Health Collection <ul style="list-style-type: none"> • Abuse & Neglect of Older Adults 		<p style="text-align: center;">5-7</p>
Psychopharmacology / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 4 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Psychopharmacology Mental Health Collection <ul style="list-style-type: none"> • Psychiatric Medications; Recognizing Adverse Effects 		<p style="text-align: center;">16-18</p>
Therapeutic Communication / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9 • HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication 	Nurse Patient Relationship Mental Health Collection <ul style="list-style-type: none"> • Therapeutic Communication Using Trauma-Informed Care 		<p style="text-align: center;">7-9</p>
WEEK 3			
Substance Use Disorder / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing 	Substance Use Disorder Mental Health Collection <ul style="list-style-type: none"> Addiction, Chemical Dependency & Withdrawal 	Substance Disorder Mental Health Collection <ul style="list-style-type: none"> Alcoholism 	<p style="text-align: center;">11-13</p>

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Mood Disorders / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16: Ch. 23. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Mood Disorders Mental Health Collection <ul style="list-style-type: none"> • Bipolar Disorder • Depression • Electroconvulsive Therapy 	Mood Disorders Mental Health Collection <ul style="list-style-type: none"> • Depression 	11-13
PMH - HESI Adaptive open book Quiz # 2 - Due 08/28/24 @ 2359	EXAM 2 - 08/29/24 - 0800-1100		
WEEK 4			
Pregnancy at Risk / Neel - Required Reading: Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: High-Risk Disorders pgs. 240-253. Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications; Ch. 19 Critical Care Obstetrics 	Pregnancy at Risk Maternal Newborn Collection <ul style="list-style-type: none"> • Deep Tendon Reflexes • Precipitous Delivery • Prolapsed Cord • Shoulder Dystocia 	Pregnancy at Risk <ul style="list-style-type: none"> • Ectopic Pregnancy • Gestational Diabetes • Preeclampsia 	23-25
WEEK 5			
Twins, Infertility & Contraception / Soliz - Required Reading: Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing Table 6.10 Methods of Contraception Pg. 232 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 27 Infertility pgs. 757-774 Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch.3 Reproductive Anatomy and Physiology pgs. 42-53, Ch. 5 Conception and Pre-embryonic Period pgs. 75-78; Ch. 26 Family Planning pgs. 732-754 			14-16
Reproduction & Preventative Women's Health / Soliz - Required Reading: Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for NCLEX-RN Examination: Ch. 6 Maternity Nursing pgs. 201-203 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 28 Women's Health-Preventative Care pgs. 776-783, Menopause pgs. 795-798 			8-10
Women's Health Diagnostics and Disorders / Neel - Required Reading: Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for NCLEX-RN Examination: Advanced clinical concepts section on HIV. Medical Surgical Nursing - Women's Reproductive System & STD's 	Women's Health Maternal Newborn Collection <ul style="list-style-type: none"> • Dilatation & Curettage 	<ul style="list-style-type: none"> • HESI Maternal-Newborn Practice Exam • HESI Maternal 	16-18

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Recommended Reading <ul style="list-style-type: none"> Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 2 Intimate Partner Violence and Human Trafficking, Violence Against women pgs. 24-306, Ch. 28 Women's Health Benign Breast Disorders pgs. 785-786, Menstrual Disorders pgs. 790-793, Pelvic Floor Disorders pgs. 798-799, Benign and Malignant Disorders of the Reproduction Tract pgs. 800-801. Infectious Reproductive Disorders pgs. 803-807 	Emergency Collection <ul style="list-style-type: none"> Sexual Assault Exam 	Newborn Quiz	
WEEK 6			
OB HESI Adaptive open book Quiz # 3 - Due 09/15/24 @ 2359		EXAM 3 - 09/16/24 - 0800-1100	
WEEK 7			
Psychiatric Emergencies / Maya - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25. HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Psychiatric Emergencies Mental Health Collection <ul style="list-style-type: none"> Agitation & Disruptive Behavior 	Psychiatric Emergencies Mental Health Collection <ul style="list-style-type: none"> Psychosis 	11-13
Schizophrenia / Maya - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17. HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Schizophrenia Mental Health Collection <ul style="list-style-type: none"> Schizophrenia & Psychosis 	Schizophrenia Mental Health Collection <ul style="list-style-type: none"> Schizophrenia 	18-20
Somatic Symptoms Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 			5-7
Anxiety & Stress Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11 HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Anxiety Mental Health Collection <ul style="list-style-type: none"> Anxiety 		13-15
Personality Disorders / Harrison - Required Reading: <ul style="list-style-type: none"> Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13 HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nursing 	Personality Disorders Mental Health Collection <ul style="list-style-type: none"> Borderline Personality Disorder 	<ul style="list-style-type: none"> HESI Mental Health Practice Exam HESI Mental Health Quiz 	13-15
PMH HESI Adaptive open book Quiz # 4 - Due 09/29/24 @ 2359		EXAM 4 - 09/30/24 - 1100-1400	

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Additional Assignments

- Current theories reflective journal assignment due on Current Theory Lecture Day @ 2359.
- AA Meeting Reflective Journal submitted to Dropbox due for **Group 1** on **09/05/24 @ 1600** and **Group 2** on **09/26/24 @ 1600**.
- PMH Patient Teaching Brochure for presentation due @ **1700** on Monday preceding the presentation date.
- OB Presentation upload to LMS drop box for **Group 1** on **08/29/24 @ 0700** for **Group 2** on **10/19/24 @ 0700**.
- HESI Adaptive open book Quizzes 1-4 are due on the **Sunday night prior to the corresponding unit exam at 2359**.
- Obstetrics/Maternity Practice Exam & Quiz are recommended to help prepare for HESI. Open until **09/19/24 @ 2359**.
- PMH HESI Practice Exam & Quiz are recommended to help prepare for HESI. Open until **10/02/24 @ 2359**.
- All Clinical paperwork is due on Thursday after the clinical activity @ **1600**.
- All PMH & OB Module paperwork including the original signed community verification form for any community clinical site must be received by Thursday, **09/05/24 and 09/26/24 @ 1600** to be allowed to switch clinical rotations and to progress to IM7.