

Dean, L., Butler, A., & Cuddigan, J. (2021). The Impact of Workplace Violence Toward Psychiatric Mental Health Nurses: Identifying the Facilitators and Barriers to Supportive Resources. Journal of the American Psychiatric Nurses Association, 27(3), 189–202. <https://doi.org/10.1177/10783903211010945>

1. There are several barriers that impede PMH nurses to access supportive resources. Which one of the following was a specific barrier identified by the PMH nurses?

- A. Limited knowledge and/or unawareness of supportive resources
- B. Supportive resources located externally from the job site
- C. Availability of support staff during the night shift only**
- D. Financial strain to acquire the necessary therapy

2. According to Taylor's theory of cognitive adaptation, in order for one to achieve quality of life after experiencing a traumatic event, they must actively engage in the readjustment process. This process consists of the following, EXCEPT:

- A. Finding meaning as to why the assault happened
- B. Acquiring master over the traumatic event and its adverse effects
- C. Achieving overall self-enhancement
- D. Confronting their perpetrator in a safe environment**

3. What is the most common type of abuse experienced by PMH nurses in this article and within the United States?

- A. Physical
- B. Sexual
- C. Verbal**
- D. Emotional

4. In this article, the PMH nurses revealed that the most recent episode of WPV occurred within the past:

A. 30 days

B. 60 days

C. 90 days

D. 3 months

5. Which of the following is NOT considered to be the long-term effects of WPV?

A. PTSD

B. Burn-out/compassion fatigue

C. Resiliency

D. Loss of confidence

6. What two evolving subthemes were associated with the concepts of understanding WPV and the maintenance of mental well-being?

A. Participation in legislation and other advocacy groups

B. Reframing the experience and self-reflection

C. Meditation and yoga practices

D. Researching WPV and identifying its neurological impact