

<p>Step 1 Description In my CPE, my patient had a history of a CVA and hypertension. They came in for urosepsis. I was the primary nurse in this role and administered two medications via PO and IVPB. I was able to safely administer said medications.</p>	<p>Step 4 Analysis I feel like this simulation allowed us to really experience how nursing is in a safe environment. We were able to make critical thinking decisions and practice on time management. This only allowed us to be better nurses in the future.</p>
<p>Step 2 Feelings Preparing for this simulation was very scary because I started to psych myself out. Entering in the simulation room basically making me calm myself down because something inside me knew that I knew what I was doing.</p>	<p>Step 5 Conclusion I feel like my education could have been better. And psyching myself out was not the best course of action since I knew what I was doing and passed on the first try.</p>
<p>Step 3 Evaluation Nothing went wrong because I knew that I had to use my critical thinking skills to safely care for my patient. I think the worst part was the nervousness before the actual activity and the time limit.</p>	<p>Step 6 Action Plan This practice allowed me to realize that I actually can do this and become an amazing nurse. I feel like in my practice I tend to get too into my head and not trust myself. This simulation allowed me to be like hey you know this, calm it down, and do what you know what to do.</p>

