

# Covenant School of Nursing Reflective Practice

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CPE Reflection

*Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.*

<p><b>Step 1 Description</b></p> <p>On April 29<sup>th</sup> I played the position of a nurse caring for an elderly gentleman suffering with urosepsis. I had to give two medications and demonstrate good understanding of universal competencies. In the end, I made the proper decisions and completed the care for the patient.</p>	<p><b>Step 4 Analysis</b></p> <p>In this scenario I was able to apply my knowledge on pain medications and genitourinary problems to my patient. I was able to make critical decisions on medications and comfort for this patient.</p>
<p><b>Step 2 Feelings</b></p> <p>At the beginning of the scenario, I was nervous and overwhelmed, but my focus was giving the patient the best care I could provide. Despite feeling nervous, I remained confident in my ability to perform my tasks. I accommodated to the patients' circumstances. It was important to keep confidence in myself to think clearly, make decisions and give proper care to the patient.</p>	<p><b>Step 5 Conclusion</b></p> <p>From this CPE I could have controlled my nerves better, but I also think that I did better than I thought I could because I made sure I knew the correct process of caring for and giving medications to a patient because of my nerves. I would have liked to have a little more information going into this CPE beforehand.</p>
<p><b>Step 3 Evaluation</b></p> <p>My patient was very polite and not in a critical state, which made a calmer atmosphere. I did have to accommodate to low blood pressure and hold certain medications.</p>	<p><b>Step 6 Action Plan</b></p> <p>I can confidently say that I feel more confident about my ability to critically think and perform tasks alone. I can most definitely apply my experience in CPE to real life scenarios. I was able to analyze a situation alone and come up with a plan that I will take with me in the future.</p>

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