

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 1600

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I mainly felt anxious during simulation. I was not confident at first because I'm not fantastic in in OB and didn't know how I would react to complications. I became more confident when we discussed what went.
What did you already know and do well as you provided patient care?	I think I did well with recognizing complications promptly. I knew that there can be a correlation w/ late decels, breech presentation, and a prolapsed cord. I think the whole group did a great job w/ teamwork.
What areas do you need to develop/improve?	I think for the information I didn't know I could have used my secondary nurses' knowledge. I can also improve my confidence.
What did you learn today?	I learned that teamwork is essential in patient care. I also learned how to delegate tasks better in order to work together better.
How will you apply what was learned to improve patient care?	I will apply teamwork in the future to better patient outcomes. I will also apply recognizing complications to my future career in the ED.