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IM6 (Acute Psychiatric) Critical Thinking Worksheet

<p>1. DSM-5 Diagnosis and Brief Pathophysiology (include reference): <del>Drug abuse</del> Substance use disorder Disorder that affect person's behavior and interfere with their ability to fulfill role obligations</p>	<p>2. Psychosocial Stressors (i.e. Legal, Environmental, Relational, Developmental, Educational, Substance Use, etc.); patient reports take it because of physical pain</p>	<p>3. DSM-5 Criteria for Diagnosis (Asterisk or Highlight Symptoms Your Patient Exhibits and Include References) - crashing - fatigue - increased appetite - hypersomnia - Drug Craving</p>
<p>4. Medical Diagnoses: Sepsis related to abscess on left thigh at the injection site of substance use</p>		
<p>5. Diagnostic Tests Pertinent or Confirming of Diagnosis <del>Hypocortisol</del> DAST - 10</p>	<p>6. Lab Values That May Be Affected: unable to find</p>	<p>7. Current Treatment: For psych dx None No meds</p>

Adopted: August 2016, revised October 2018

<p><b>8. Focused Nursing Diagnosis:</b> Ineffective Coping</p>	<p><b>12. Nursing Interventions related to the Nursing Diagnosis in #7:</b> 1. Establish trusting relationship with the client</p>	<p><b>13. Patient Teaching:</b> 1. Teach the patient new coping behavior technique</p>
<p><b>9. Related to (r/t):</b> Inadequate Coping Skills</p>	<p><b>Evidenced Based Practice:</b> The therapeutic nurse-client relationship is built on trust</p> <p>2. Set limits on manipulative behavior</p>	<p>2. It is important to maintain healthy lifestyle like exercise, balance nutrition, and adequate sleep.</p> <p>3. Take your medication properly by following given instructions.</p>
<p><b>10. As evidenced by (aeb):</b> Low frustration tolerance</p>	<p><b>Evidenced Based Practice:</b> Client is unable to establish own limits, so limits must be set. unless administration of consequences for violation of limits is consistent</p> <p>3 - Encourage the client to verbalize feelings, fears and anxieties. Answer any questions he may have related to disorder</p>	<p><b>14. Discharge Planning/Community Resources:</b> 1. Refer patient for rehabilitation center.</p> <p>2. Attend support group meetings</p>
<p><b>11. Desired patient outcome:</b> Help the patient to verbalize adaptive coping mechanisms to use instead of substance abuse as a method of coping with stress.</p>	<p><b>Evidenced Based Practice:</b> Verbalization of feelings in a non-breathening environment may help client come to terms with long unresolved issues.</p>	<p>3. Make <sup>sure</sup> to attend follow-up appointment.</p>