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Date:

Instructional Module 6 Obstetrics Community Clinical Experience

Community Site: OB Clinic (Dr. Zavala)

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

I was with Dr. Zavala the whole day and got to observe all her interactions with her patients. She is phenomenal! I had the opportunity to witness sonograms, Leopolds, doptones, and tons of education on pregnancy.

2. What was the best/most interesting part of the experience?

I learned/ saw a ton of interesting things while I was there. The most interesting thing was probably this 40 week-er who had an induction scheduled and tried to cancel it. Zavala educated her on the risks and got her put back on. I understand wanting to go into labor naturally and being reluctant to being induced. However, her baby was in Zavala's words, a "B. A. B. Big a— baby". The mother knew this and was still trying to cancel it; that I can't understand.

3. Is a community nursing position something that you would consider working in? Why or why not?

If I was asked this question prior to my clinical experience, I would say no. I thought the day would be slow and we would have way too much downtime for my liking. However, that wasn't the case at Zavala's clinic; She is booked and blessed! Now, I think I'd definitely consider a PRN position while still working in the inpatient setting.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

This community site definitely meets the needs of their patients. They offer plenty of education packets on pretty much every patient complaint. They also prescribed monitoring tools like BP cuffs for at home use or glucometers with testing strips. Zavala always asked if they had any concerns or questions before exiting the room and answered every one. There was also an instance where a patient asked if Zavala knew a pediatric-version of Zavala.

5. Did you witness patient teaching? What general things were taught to this population? Do

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you feel that patient teaching in this community site was adequate? Why or why not?

I probably saw minimum of forty pregnant people that day. There was so much education being taught. The biggest recurring ones was about GI reflux in pregnancy and diet. I learned about progesterone increasing acidity and about the misconception of "eating for two" and how its really just eating 350-400cal more. Zavala also gave plenty of education on birth control, facts and Myths on tubal ligation, safe medications to use during pregnancy, vasovagal responses, etc. To say this community site gave adequate teaching is an understatement.