

Lily Thompson

**POST-CLINICAL REFLECTION** OB Simulation Reflection - due on Thursday by 1600

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was quite nervous going into simulation. I felt like I was unable to help as much as I wanted however, I know the help the baby needs is above my units level of care.
What did you already know and do well as you provided patient care?	I think I did well educating the family on the severity of the patients problem. I think I did well on the assessments as well as identifying problems.
What areas do you need to develop/improve?	I think I need to develop more skills based around a newborn assessment. I need to improve on my SBAR/read back when talking to the HCP.
What did you learn today?	I learned to trust my gut when it comes to what I feel like is right vs what the doctor is asking to be done. I also learned to progress a patients care if it's needed.
How will you apply what was learned to improve patient care?	I will use the information I learned in simulation to better prioritize my care and quickly recognize a problem before it progresses.