

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 1600**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt watching my fellow peers care for high-risk pregnancies helped clarify what patients needed most from the nurses along with what interventions were most important to provide. I feel teamwork and plans helped each scenario run more smoothly.
What did you already know and do well as you provided patient care?	I knew if babies FHR was non reassuring, we had to intervene with intrauterine resuscitation. My fellow nurses and myself assigned roles and stuck to them after entering the patients room leading to delivery of baby.
What areas do you need to develop/improve?	-Remaining calm in a high-risk delivery. -Understanding that each person is assigned a role for a purpose leading to an overall goal/ safety of patient.
What did you learn today?	-I learned a patient's status can decline rapidly so nurses must be aware of risks along with interventions to improve status of patient. -Teamwork is key

How will you apply what was learned to improve patient care?

- Identify top risks for patient and act on those risks accordingly.
 - Understand nurses work on a overall plan as one.
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